

LEICESTER CITY HEALTH AND WELLBEING BOARD
DATE: 28th February 2019

Subject:	Leicester Health and Wellbeing Survey 2018
Presented to the Health and Wellbeing Board by:	Nicola Moss and Joe Wheeler (Ipsos Mori)
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EXECUTIVE SUMMARY:

Background

The Leicester Health and Wellbeing Survey 2018 provides a snapshot of health and wellbeing issues for the Leicester population (aged 16 and over). The survey was undertaken by Ipsos MORI on behalf of Leicester City Council. It follows previous health and wellbeing surveys carried out in the city in 2010, 2015 and 2016 (children and young people). The report will be made available on the Leicester City Council website and data will be shared via the Leicester Open Data Platform.

A key purpose of the survey is to monitor health inequalities across the city and help identify those who are most in need. The survey informs both strategic and specific need assessments; essential for commissioning by the council and partners' and for policy making for improved health and wellbeing.

The survey was completed by Ipsos Mori working closely with staff from the Division of Public Health. Mori surveyed 2,224 residents aged 16 and over in Leicester between March and July 2018. Quotas were set to ensure the sample was representative of Leicester's population. Further details about the methodology of the survey are included in the report.

Results

Overall the survey shows a more positive picture of health and wellbeing since the previous survey in 2015. Residents are more likely to rate their health as good, want to make healthy lifestyle changes, and accept personal responsibility for their own health. Most residents are positive about their local area, parks and home. There are fewer physically inactive residents in the city and more are regularly walking and cycling. Most residents would ask for support if they were faced with personal or financial difficulties.

The survey also identifies several health and wellbeing challenges facing Leicester residents. Half of city residents are classed as overweight or obese, one in five smokes, and one in ten are physically inactive. Further analysis reveals that it is our most vulnerable groups who are more adversely affected. The most deprived, those with a long-term health condition and those with poor mental health are more likely to have poor health and wellbeing experiences.

Contents

The 'Executive summary' and 'Groups of interest' provide an overview of the results, followed by sections on:

- Health in general
- Diet & healthy eating
- Physical activity
- Smoking
- Alcohol Use
- Mental health and wellbeing
- Carers/caring responsibilities
- Financial
- Local area.
- Your home

Dissemination

Results have been presented to:

- Public Health DMT and LMB
- Joint Integrated Commissioning Board (JICB)
- City Development and Neighbourhoods DMT
- City Mayor Briefing
- Children's Trust Board
- Leicester City CCG Governing Body (Development Session)

The survey report is available on the Leicester City Council website:

<https://www.leicester.gov.uk/your-council/policies-plans-and-strategies/health-and-social-care/data-reports-information/leicester-health-and-wellbeing-surveys/>

It has been circulated widely.

RECOMMENDATIONS:

The Health and Wellbeing Board is requested to:

- Receive and provide comment on the attached report
- Support dissemination, consideration and use of the survey results

Attachments:

1. Leicester Health and Wellbeing Survey Report 2018
2. Ipsos Mori presentation of survey findings.