

Adult and Older People Mental Health

City Health Overview and Scrutiny
Committee

3-3-2021

Local Context

Challenges

Historical challenges

- Long waits
- Difficulties getting access to help
- Lower life expectancy
- Placements out of area
- Pockets of poor experience
- Diverse needs not being met

Challenges seen across 2020

- COVID related disruption has increased waits
- Limitations with virtual technology
- Increasing phonecall demand for help
- Reduced demand for secondary mental health services

Expected challenges over next three years

- Variety of different models
- Some indication that there will be growing demand and increased need
- Indication of widening gaps for individuals from ethnic minority background and individuals within a lower social-economic circumstance

Progress through 2020

Achievements

- Self-referral through Central Access Point
- Mental Health Urgent Care Hub
- Community mental health rehabilitation
- virtual contacts and care
- No inappropriate Out of Area placements

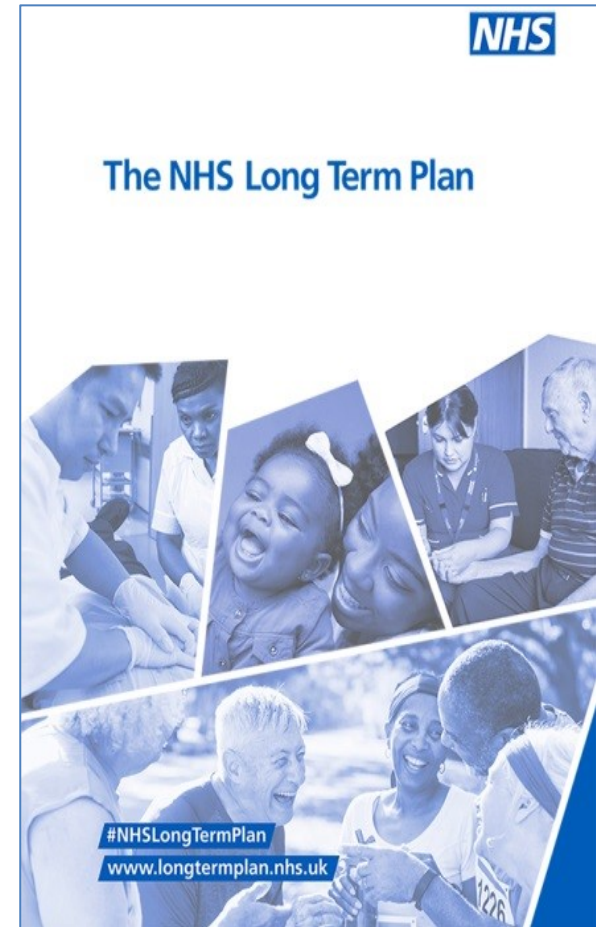
Work commenced

- Strengthened multi-agency working across mental health system
- Successful bids for multi-million investment in mental health services
- Increased focus and organisation on understanding diverse needs
- Preparing for consultation of changes to investment and improvement of mental health services

2021 into the future

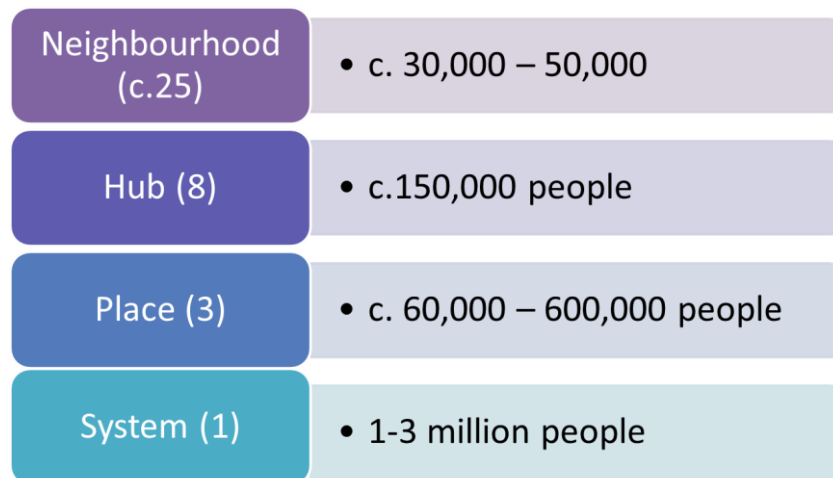
National Context

- NHS long term plan prioritises improvements in mental health
- A multi million pound investment over the next 3 years (2021/22 – 2023/24)
- Increasing integration and support offered at a local level



A new model for mental health care

- Delivering the majority of mental health support around neighbourhoods
- Integrating mental health expertise into hubs to resiliently support neighbourhoods
- Invest and deliver joined up care with VCS, Social care, mental health provider and GPs
- System alignment with physical health and social care to work together

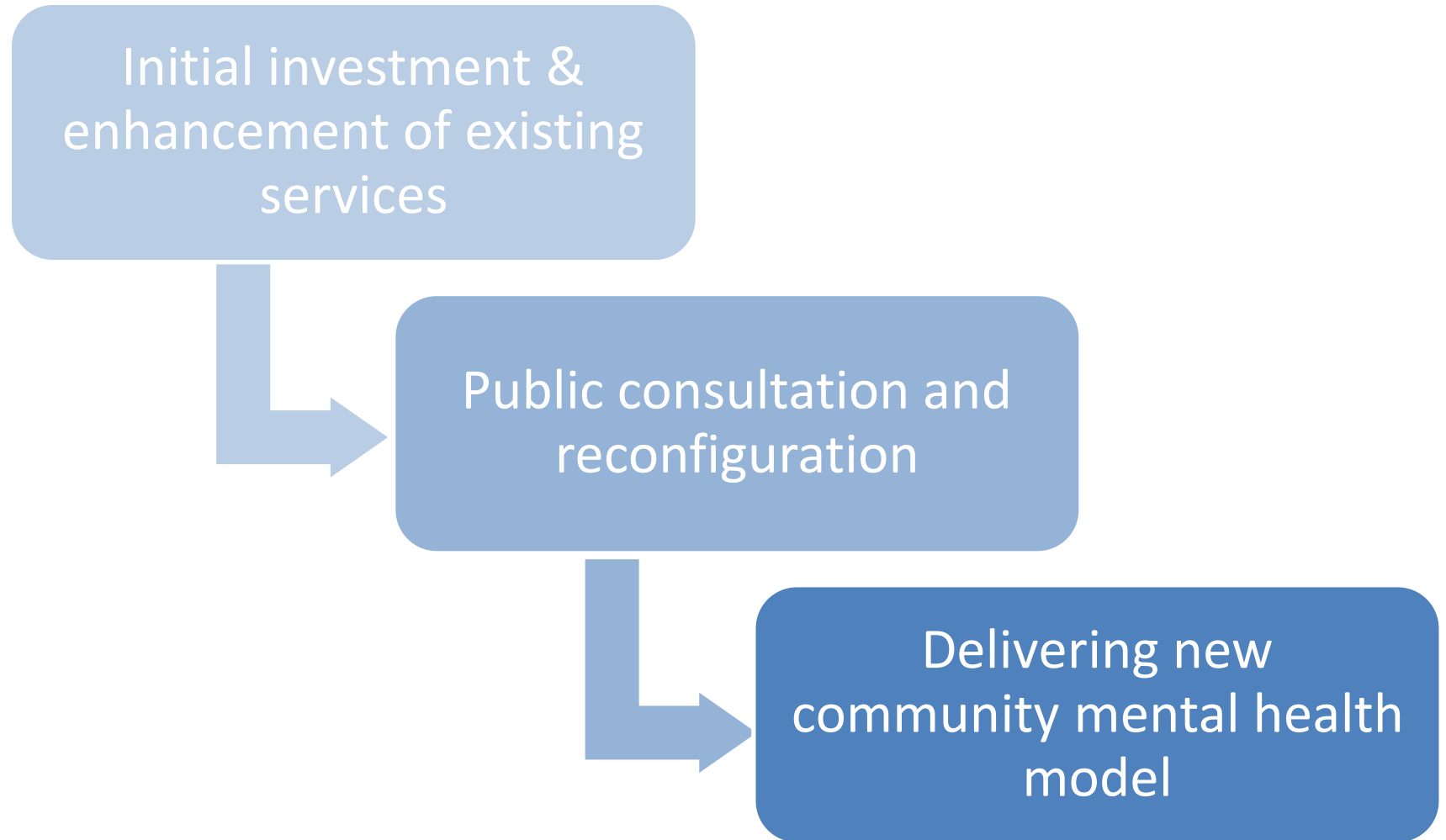


A new model for mental health care



- Built for and with **local population**
- **Recovery, asset based** and **person centred**
- Promoting **hope, control** and **opportunity**
- **No wrong door** for people that need help
- Maximise involvement and the potential of **voluntary and community sector organisations**
- **Timely** help and addressing waiting times
- Create offers **driven by need** not diagnosis

Implementation approach



Supporting transformation of mental health

City Pathfinder – Belgrave and Spinney

Maximising engagement in public consultation

Stepping up co-production and involvement

Increasing focus on removing inequality

De-stigmatisation, MH friendly communities and MH first aid



Questions