

Ward Community Fund Proposal Form

Please read the Guide to the Ward Community Fund before you fill in this form

Then complete Section 1: Budget Proposal.

If you are proposing to deliver the project yourself, please complete Section 2: Delivery agency as well. We can help you with this or do it for you – see who to contact in the **Guide to the Ward Community Fund**.

Continue or separate sheets if you need to, or expand the boxes if you are filling in the form electronically.

Section 1: Budget Proposal

1. Name of Ward

FREEMEN

2. Title of proposal

ministry of food project 2

3. Name of group or person making the proposal

Catch22 Leicester prevention programme – Fit and Active Families

4. Short description of proposal. Please include information on **how the money will be spent, who will benefit, when they will benefit, and how we will know when the proposal has been successful**.

It is important that your answer to this question is clear, because we will only pay the costs when we can see evidence that the outcomes you describe here have been achieved. You can provide further details in your supporting information if you want to.

We have designed a local response to Jamie Oliver's ministry of food project which basically will involve parents /carers (adults) in learning about healthy inexpensive cooking and through their participation passing their learning and recipes to at least 2 other friends or family. In this way the work reaches 12 directly and 24 indirectly total of 36. The people involved in this project are all parents who are struggling to provide the best possible food to their children. The children are likely be very over weight (obese) and or are reliant on fast foods for providing their children with food and managing on a low fixed income.

How the money will be spent,

The money requested to support this activity is

£4 per head per week for ingredients for 12 participants (6 from the saffron area and 6 from the Eyres Monsell area) x 5 weeks=£240

Staffing 3hrs x 2 staff for 5 weeks @ £15(including on costs) = £450

3hrsX 1 staff@ £15 to complete report /evaluation= £45

Production of a ministry of food recipe book = £75

Venue, equipment, management support **given** Approx £180

Project delivery costs =£810
 Total requested from Eyres Monsell community fund is £427.50
 Total requested from the Saffron community fund is £382.50

Who will benefit,
 The people involved in this project are all parents who are struggling to provide the best possible food to their children. The children are likely be very over weight (obese) and or are reliant on fast foods for providing their children with food and all will be on fixed low incomes

When they will benefit
 Delivery from 23 February weekly

How we will know when the proposal has been successful.
 Completion of the 5 weeks and the evaluation has been completed.(end of April 08)
 Evaluation will measure;
 People's enthusiasm and attendance
 Passport of learning to 2 other friends
 Success of cooking undertaken and skills learnt
 Knowledge acquired
 Questionnaire/scoring to the children in the family about seen improvements.

Tick if yes

6. What is the total cost to the Community Meeting? £

7. How have you estimated or calculated the cost? Please show each item of expenditure and say whether it is an estimate or an actual cost.

Item	Cost £	Estimate or actual cost?
£4 per head per week for ingredients for 6 participants x 5 weeks	£120	Actual
Staffing 3hrs x 1staff for 5 weeks @ £15(including on costs) =225	225	Actual
Production of a ministry of food recipe book = £75 (.5 of costs)	£37.50	% Actual cost

Total	£382.50	

8. Have you tried to get funding for this project from anywhere else, either in the Council or from another organisation? If so, please give details

<p>✓ The NeighbourHood Management group are already funding the start-up of this project- the take up has been excellent and we want to continue to deliver this project for all participants across two sites. Given costs provided by The Linwood and Samworth Academy and Catch22</p>
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9. Who proposed the project? Please provide contact details.

Name of contact person	Pauline Hinitt
Your position in organisation or group	Programme manager
Name of organisation or group	Catch22 fit and active families project
Address Programme office- The Home Farm Neighbourhood Centre Home Farm Close LE4 0SU	
Phone number	Email
0116 287 9017 or FAF 0116 283 1379	

Section 2: Delivery agency (this could be a single person, group of people or a group or organisation)

10. Who will deliver the project? Please provide contact details.

Name of contact person	Ali Clements
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Your position in organisation or group	Project co-ordinator
Name of organisation or group	Fit and active families
Address the Linwood centre Project Centre The Linwood Centre Linwood Lane Leicester LE2 6Qn	
Phone number Mobile	Email

11. Declaration

I have read the *Guide to the Ward Community Fund* and I accept the arrangements described in that guide. I confirm that the information I have given on this form is true. I will inform the council immediately if any of the information I have given on the form changes.

Name	Pauline Hinitt
Signature	
Date	15 th Jan 08