

LEICESTER CITY HEALTH AND WELLBEING BOARD
19 12 2024

Subject:	Update from the Leicester Integrated Health and Care Group
Presented to the Health and Wellbeing Board by:	Diana Humphries, Programme Manager, Health and Wellbeing Board
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EXECUTIVE SUMMARY:

The Leicester Integrated Health and Care Group is established to support the Health and Wellbeing Board in providing leadership, direction, delivery and assurance in fulfilling its aim to 'Achieve better health, wellbeing and social care outcomes for Leicester's population and a better quality of care for children, young people and adults using health and social services'.

In the responsibilities outlined within the Leicester Integrated Health and Care Group's TOR. The below is noted:

- To drive forward the work of the Health and Wellbeing Board, in supporting the implementation of Leicester's Health Care and Wellbeing Strategy.

This refers to providing updates on our strategic delivery plan. Furthermore, general updates on the ongoing work by the LIHCG are shared in this agenda item to ensure a close partnership between the two groups. Update below.

The LIHCG has now been active for a quarter. In this time the group has established partner reporting frameworks such as updates from PCNs, LPT, Healthwatch, UHL and has received Health, Care and Wellbeing Delivery plan updates. The group also received an in-depth dive into the Bringing People Together Programme and has requested the review of the Joy App programme. The Integrated Group Programme Manager attended a meeting for the review and has reported back that LPT will be leading on this work and will share outcomes in the new year.

The group is outcome focused with an active action log. Furthermore, a risk log with points that could be escalated to this group is being developed. A suggestion for the development of a risk log for Health and Wellbeing Board was also made.

The group continues to meet monthly and has recently recruited a Programme Manager who will take a strategic lead on projects and actions scoped out through the partnership. Updates will continue at each HWB meeting.

Delivery Plan updates in detail:

Date 15 10 2024

Title of workstream: Mental health and wellbeing related to social inclusion, and supportive networks

Objective: *Improving the mental health of our local population by promoting and facilitating community-based offers that support inclusion, connectedness and wellbeing*

Governance arrangements:



- Leicestershire Partnership NHS Trust
- Early Intervention & Prevention Board (Adult Social Care, Leicester City Council)
- Community Public Health Steering Group
- Leading Better Lives Steering Group (LCC)
- Mental Health Partnership Board
- Leicester City Council – Public Health

Reporting Project (<i>governance</i>)	Project KPIs and Targets	Update	Next steps	PLUS Groups - SMI - LD - Homelessness - Care experienced young people	Risks and mitigations	RAG for period
Neighbourhood Mental Health Cafés <i>Leicestershire Partnership NHS</i>	Case studies demonstrating impact. Quality review of individual cafes	Monthly data and case studies collated. Reviews of individual cafes ongoing	Complete review of cafes by November.	n/a	Risk that individual cafes do not embed – mitigated through support from neighbourhood	

<i>Trust</i>					leads in LPT.	
Mental Health Wellbeing & Recovery Support Service <i>Early Intervention & Prevention Board (Adult Social Care, Leicester City Council)</i>	Undertake a quality review with a focus on impact of the service and how this offer fits within the wider mental health system.	Review ongoing in conjunction with County and Rutland.	Complete review of service by	n/a	Risk of non-collaboration with other services across the system Mitigation: monitoring and review asks for information on collaboration.	
Bringing People Together Programme <i>Community Public Health Steering Group</i>	<p>Let's Get Together (LGT)</p> <ul style="list-style-type: none"> • Maintain regular walks from the community locations • Warm Welcome to take place in all community locations <hr/> <p>Let's Get Digital</p> <ul style="list-style-type: none"> • Enrol 240 people per term on the course • Maintain 60% of successful attendees accessing follow on 	<ul style="list-style-type: none"> • Walks are well attended approx. 90 people a month attend • All libraries are offering Warm Welcome <hr/> <ul style="list-style-type: none"> • 327 people successfully completed the course (Apr '23- June '24) • 60% of people continued digital 	<ul style="list-style-type: none"> • Working with walk providers to maximise reach and resources • Support VCSE orgs to host warm welcome <hr/> <ul style="list-style-type: none"> • Include a further module on travel training • Include outreach sessions e.g VCSE 	<ul style="list-style-type: none"> • LGT activities are accessible, free and open to all. Possibility of targeted walks. • Increasing inclusivity by empowering organisations <hr/> <ul style="list-style-type: none"> • Identifying and supporting people who are not digitally literate. • Increasing accessibility by working with VCSE 		

	<u>courses</u>	<u>learning after</u>	<u>locations</u>	<u>providing courses in familiar locations</u>		
	<p>Let's Get Growing (Contracted)</p> <ul style="list-style-type: none"> • Increase number of community food growing plots at allotment sites • Support educational settings to access food growing 	<ul style="list-style-type: none"> • 2 community plots have been allocated and work is ongoing with partners • Funding secured for one event this year 	<ul style="list-style-type: none"> • Encourage community groups to take up community plots • Continue to support school-based initiatives 	<ul style="list-style-type: none"> • Work with VCSE organisations to support more people from plus groups to access activities • Link with educational settings supporting people in plus groups to promote growing 		
<p>Leading Better Lives</p> <p><i>Leading Better Lives Steering Group (LCC)</i></p>	<p>Metrics to be developed in co-production as part of the project</p>	<p>Task groups have been established for each of the four projects</p>	<p>Establish parameters of individual projects.</p>			

<p>Prevention Concordat for Better Mental Health</p> <p><i>Mental Health Partnership Board</i></p>	<p>Partnership Board receives reports to address health inequalities</p> <p>Mental health in all policies, such as access to green space, transport, leisure, arts, and culture</p>					
<p>Joy app rollout</p> <p><i>Leicestershire Partnership NHS Trust</i></p>	<p>Quality Review of the impact of Joy including data, case studies and partner testimonies.</p>	<p>Work ongoing with social prescribers to collate data, case studies and testimonies.</p>	<p>Presentation to the Mental Health Partnership Board.</p>	<p>n/a</p>		

<p>Mental Health Friendly Places</p> <p><i>Leicester City Council - Public Health</i></p>	<p>Case studies demonstrating impact</p> <p>Survey collating feedback from the Mental Health Friendly places to measure positive impact</p>	<p>30 Orgs signed up in the city</p> <p>329 people trained in MH first aid aware</p> <p>20 MH first aiders</p> <p>36 booked on to be trained</p> <p>Survey currently open closing end of October</p> <p>Pilot ongoing with FA around 'Mental Health Friendly Clubs' to train committee members and welfare leads of 5 clubs.</p>	<p>Close the survey end of October.</p> <p>Present outcome to a future Mental Health Partnership Board.</p> <p>Pilot of Mental Health Friendly Clubs to lead a football session</p>	<p>n/a</p>	<p>People's capacity to do the training although all training sessions for 2024 are fully booked.</p>	
<p>Getting Help in Neighbourhoods Projects</p> <p><i>Leicestershire Partnership Trust</i></p>	<p>Quality review taking place for individual projects</p>	<p>Monthly data / performance</p> <p>Priority themes have been established with funding available for initiatives that support themes. This includes Men's Mental Health with a Project being launched 9th Oct with webinar.</p> <p>Dementia, Transitions, Neurodiversity, Black Mental Health</p>	<p>Complete review and presentation to Mental Health Partnership Board</p>			

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Case study/ qualitative examples of progress:

Project	Example
Mental Health Friendly Places	<p>Saffron Acres: “We have a small but dedicated staff team, who come from a variety of backgrounds and with different experiences. As a charity, it can sometimes be a little harder to find opportunities for funded training that is relevant to our job roles, and this is where the MHFP experience has really shined. Not only has the training enabled our team to gain uniform understandings so we are all on the same page, it has allowed us to become more confident when we are engaging people that visit us and access our services. It has been directly relevant in the mental health projects we run, but helps support all our other projects we engage people in.”</p>

Point for escalation relating to any of the projects:

Bibliography of Projects

Project	Description
Neighbourhood Mental Health Cafés	Drop-in sessions delivered by voluntary sector providers and located in areas with highest levels of mental health need where people can get mental health support and advice – no appointment needed.
Mental Health Wellbeing & Recovery Support Service	Preventative mental health service enabling people to improve and maintain their mental health & wellbeing, or recover from mental illness, through better use of community assets & resources.
Bringing People Together Programme	Free activity sessions at community centres and libraries encouraging people to learn new skills, get more active and get together with others. Projects include: <ul data-bbox="613 970 954 1182" style="list-style-type: none">• Let's Get Together (LGT)• Let's Get Growing (LGG)• Let's Get Digital (LGD)• Let's Get Walking LGW)• Let's Get Creative (LGC)• Warm Welcome

Leading Better Lives	Developing a coproduced council-wide approach to prevention and community wellbeing.
Prevention Concordat for Better Mental Health	Underpinned by a prevention-focused approach to improve mental health, which in turn contributes to a fairer and more equitable society.
Joy app rollout	Roll out of the Joy social prescribing app which promotes activities and support and allows people and professionals to make referrals
Mental Health Friendly Places	Encouraging local businesses & community organisations to take up training offer & accreditation to equip them with skills and knowledge to support people with mental health
Getting Help in Neighbourhoods Projects	Grant-funded projects allowing voluntary sector organisations to expand or enhance their existing offer in order to support mental health & wellbeing through activities and support.

Meeting date: 19 November 2024

Title of workstream: Childhood Immunisations

Objective: *To increase childhood vaccination uptake across Leicester.*

Governance arrangements: LLR Immunisations Board

Reporting Project	Project KPIs and Targets	Update	Next steps	PLUS Groups <ul style="list-style-type: none"> - SMI - LD - Homelessness - Care experience young people 	Risks and mitigations	RAG for period Please provide context for assesment
Antenatal Vaccinations	<p>Pertussis: current LLR uptake 57%. National target: 60%</p> <p>Target TBC – further work needed to understand data sets and impact of proposed changes.</p>	<p>788 Maternity RSV vaccinations (23 October 2024)</p> <p>Roving Healthcare Units now offer Pertussis and RSV vaccines on a walk-in basis and are being widely promoted (73 community locations this autumn / winter).</p> <p>ICB website updated to show life course vaccinations with</p>	<p>Vaccination information in UHL maternity mama wallets (which secures patient notes) carried by pregnant women</p> <p>Meeting being arranged with DadPad lead to determine what vaccination information can be included for expectant fathers.</p> <p>Vaccination in pregnancy</p>	<p>Exploring joint working opportunities with UHL maternity diversity lead.</p> <p>Working with Inclusion Health to promote vaccinations amongst homeless cohort</p> <p>Vaccination training webinar planned for 30th</p>	<p>This service is commissioned by NHS England, not the ICB, until April 2026.</p> <p>UHL Maternity team delayed recruitment process has led to closures of the UHL antenatal clinics.</p>	Off track

	<p>RSV: New vaccine from 1.9.24, NHSE target is 50%.</p>	<p>comprehensive vaccinations in pregnancy information.</p> <p>Antenatal vaccination team staffing gaps are being addressed with 2 posts filled and a further 2 to be filled by December 2024. This has increased the number of available vaccination clinics offered to pregnant women alongside their FASP scans. This is expected to further improve in the next 2 months and will enable the opening of community hospital clinics.</p> <p>National pertussis campaign just launched, requiring GPs to call / recall pregnant women for vaccination. Oct 24 to Mar 25</p>	<p>promotional videos being developed for new TV Screens in UHL antenatal public areas.</p> <p>Continue monitoring of recruitment process for the antenatal vaccination team.</p> <p>Commence community hospital clinics December 2024.</p>	<p>October with Heads Up staff to promote vaccination to teenage mums-to-be and those with SMI. Specialist LD vaccination clinic for Covid and flu vaccinations opened 24 October and will continue twice per week to end November 2024.</p>	<p>Opening of UHL community hospital antenatal vaccination clinics pushed back from Sept to Dec due to delayed recruitment process.</p> <p>Unable to drill down to LSOA level for uptake information</p> <p>Uncertainly whether new national data system, RAVS, is pulling vaccination information through to System1</p>	
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<p>Babies and Pre-school Children</p>	<p>MMR 2: current City uptake 69% (5 yrs).</p> <p>WHO target is 95% 2 doses at 5 years.</p> <p>Local target TBC – further work needed to understand data sets and impact of proposed changes.</p>	<p>Data group focussed on agreeing a single data source to use for performance reporting purposes.</p> <p>CHIS Improving Immunisation Uptake Team supported two practices for 6 months to clear ‘ghost’ patients and increase clinic capacity seeing a significant reduction in the waiting list.</p> <p>Super vaccinators delivered 87 clinics during August to support primary care increase access to childhood immunisation.</p> <p>9 quality review meetings held with practices with low uptake to discuss uptake levels and explore barriers and areas for improvement.</p>	<p>Meeting with City PCNs to work through plans to increase childhood vaccinations/immunisations.</p> <p>MMR Core20 project continuing in the city with selected GP practices. Results awaited.</p> <p>CHIS Improving Immunisation Uptake Team to extend support offer to at least 2 more new practices with low childhood vaccination/immunisation and high waiting lists, in January 25.</p> <p>Set up LIST (Local Immunisation Street Team) - a new project launched through additional funding from NHSE - street teams with clinicians seeking to engage with traditionally underserved communities to understand and overcome barriers to vaccination (eg Pakastani, Bangladeshi, Eastern European, Caribbean communities, etc).</p> <p>Health Inequality Hub business case is progressing positively</p>	<p>Working with Inclusion Health to offer vaccinations to homeless cohort in the city.</p>	<p>Service providers are commissioned by NHS England, not the ICB.</p> <p>Not having a single data source.</p> <p>Unable to drill down to LSOA level for uptake information</p>	<p>On track</p>
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			through ICB approval process.			
School-age and Adolescents	<p>HPV City 49% (male) 57% (female).</p> <p>WHO target is 90% in females by 2040.</p> <p>Local target TBC – further work needed to understand data sets and impact of proposed changes.</p>	<p>Current HPV uptake (23 October):</p> <ul style="list-style-type: none"> • East Leics & Rutland: 82.8% • Leicester City: 57.2% • West Leicestershire: 81.8% <p>Cervical Cancer Elimination Strategy in place, with sub section on HPV vaccine and goal is to achieve 90% uptake by 2040.</p>	<p>In person workshop on 5th December to work on HPV implementation strategy with all relevant system partners to agree short- and long-term objectives and targets for uptake in males.</p> <p>Exploring opportunities to collaborate with East Midlands Cervical Cancer Alliance</p> <p>Working with SAIS team to look at support with vaccination consent as part of the mobilisation of the HPV campaign.</p> <p>HPV National HPV catch-up</p>	LPT undergoing examination of patient data/records to establish if vaccination is low in patients registered with LD open to LPT.	Cohort of young adult males that miss out on vaccination due to the campaign start date as per national guidelines.	On Track

			<p>campaign planned for 16–18-year-olds in January 2025.</p> <p>Scoping the addition of HPV vaccine to the RHU walk-in vaccination offer.</p>			
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Case study/ qualitative examples of progress:

Project	Example

Point for escalation relating to any of the projects:

UHL Maternity Vaccination Clinic cancellations due to lack of staff and failure to roll out community offer in original timeframe

Bibliography of Projects

Project	Description
<p><u>Antenatal Vaccinations</u></p>	<p>Improve Pertussis (whooping cough) vaccination uptake through:</p> <ul style="list-style-type: none"> • Raise awareness • Work with community groups e.g. <i>Leicester Mamas</i> to offer educational workshops • Increase accessibility via community clinics on board the Roving Healthcare Unit (RHU). • Continue to support antenatal clinics at UHL by utilising the super vaccinator workforce to cover gaps in staffing. <p>Introduction of RSV (Respiratory Syncytial Virus) vaccine from 1 Sept. 2024:</p> <ul style="list-style-type: none"> • Communications campaign to introduce vaccine and explain importance • Support midwives and vaccination nurses to confidently deliver the vaccine • Offering several pathways and opportunities for pregnant patients to access the vaccine i.e. antenatal clinics, GP, RHU and community locations
<p><u>Babies and Pre-school Children</u></p>	<p>To support and provide vaccination and immunisation advice to parents of babies and pre-school children, reducing variation in uptake.</p> <ul style="list-style-type: none"> • Support a shortlist of GP practices with lowest uptake and enabling CHIS service to target support • Raising awareness in primary care settings via regular clinical webinars. • Offering staffing support and additional capacity via the Super Vaccinators. • Offering childhood immunisations such as MMR and Pertussis on board the Roving Health Unit in areas where uptake is low. • MMR core 20 project to offer home visits to families without vaccination – catch up for all family members
<p><u>School-age and Adolescents</u></p>	<p>To support the school aged immunisation service (SAIS) to deliver vaccinations to young people throughout their school years, with a specific focus on the HPV vaccine.</p> <ul style="list-style-type: none"> • Work with schools to understand barriers to uptake. • Improve the self-consent process, empowering young people to better understand vaccinations and to make positive choices to support their health. • Targeted work with schools with the lowest uptake and learning from schools with higher uptake rates. • Developing an in-school programme and educational pack to support guidance and advice to young people, teaching staff and their parents/carers.

RECOMMENDATIONS:

The Health and Wellbeing Board is requested to:

- Note the update
- Raise any issues or concerns as a result of this
- Consider developing a risk log for Health and Wellbeing Board