

# **Gambling harms in Leicester City**

## A health needs assessment

Health and Wellbeing Board

June 2025

# What we know from the literature

- **54%** of general population take part in gambling at least once per year
- **40%** take part in gambling not including the national lottery at least once per year
- **0.4%** experience 'problem gambling' (gambling to a degree that compromises, disrupts or damages family, personal or recreational pursuits) [**~1.5k in Leicester?**]
- **3.8%** experience 'at risk gambling' (gambling that leads to less severe negative consequences) [**~14k in Leicester?**]
- **7%** are negatively affected by someone else's gambling [**~26k in Leicester?**]

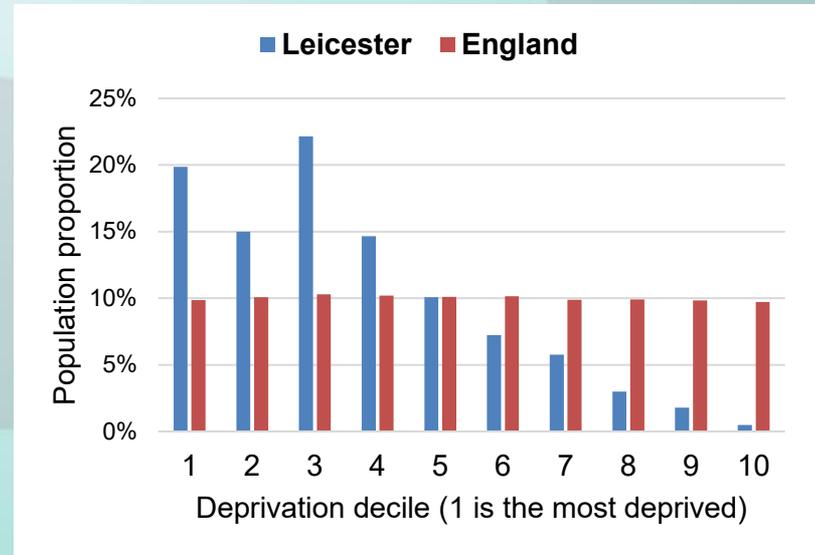
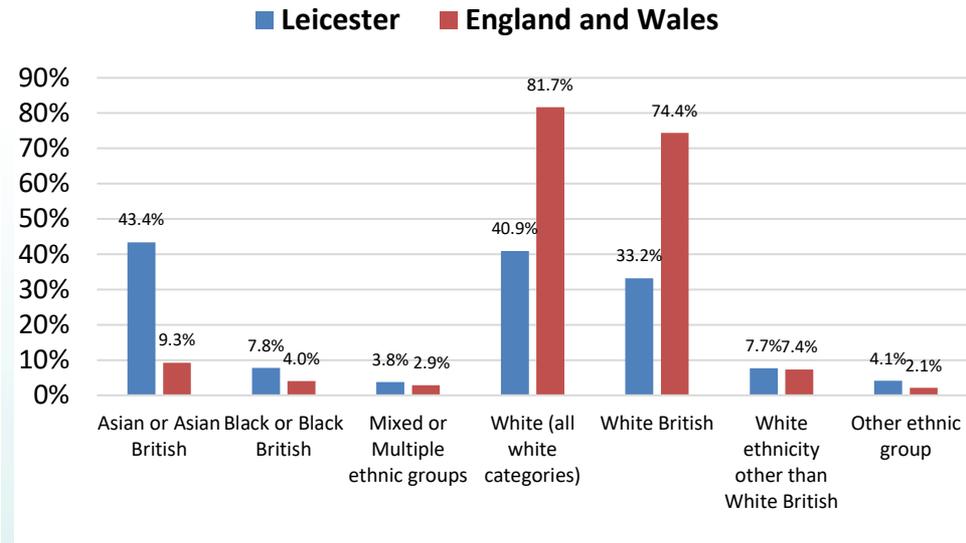
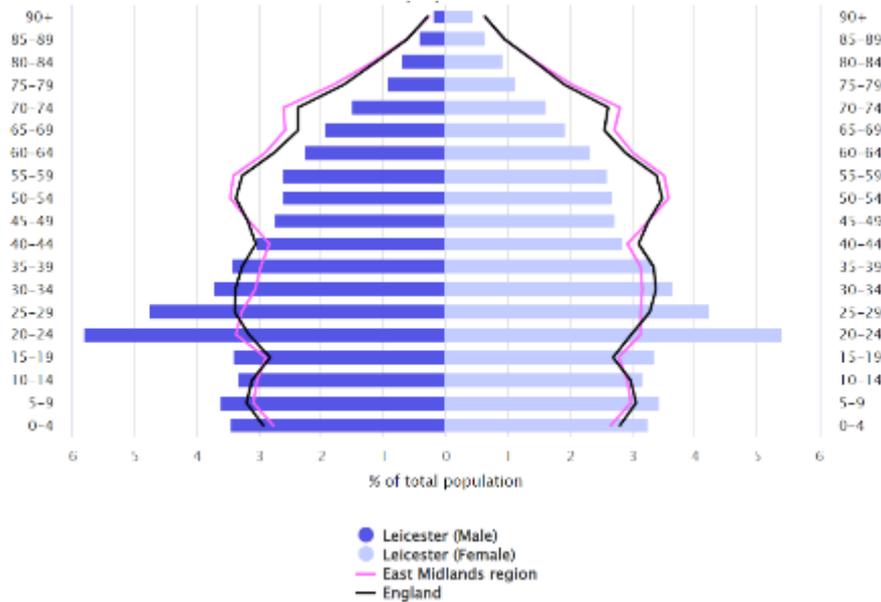
# What we know from the literature

- Debt
- Employment loss
- Relationships loss
- Worsening health
- Suicide
- Homelessness
- Prison
- Alcohol dependency
- Drug use



**People aged 20-49 who experience problem gambling are 19 times more likely than average to die by suicide.**

# Local population profile in Leicester relevant to gambling



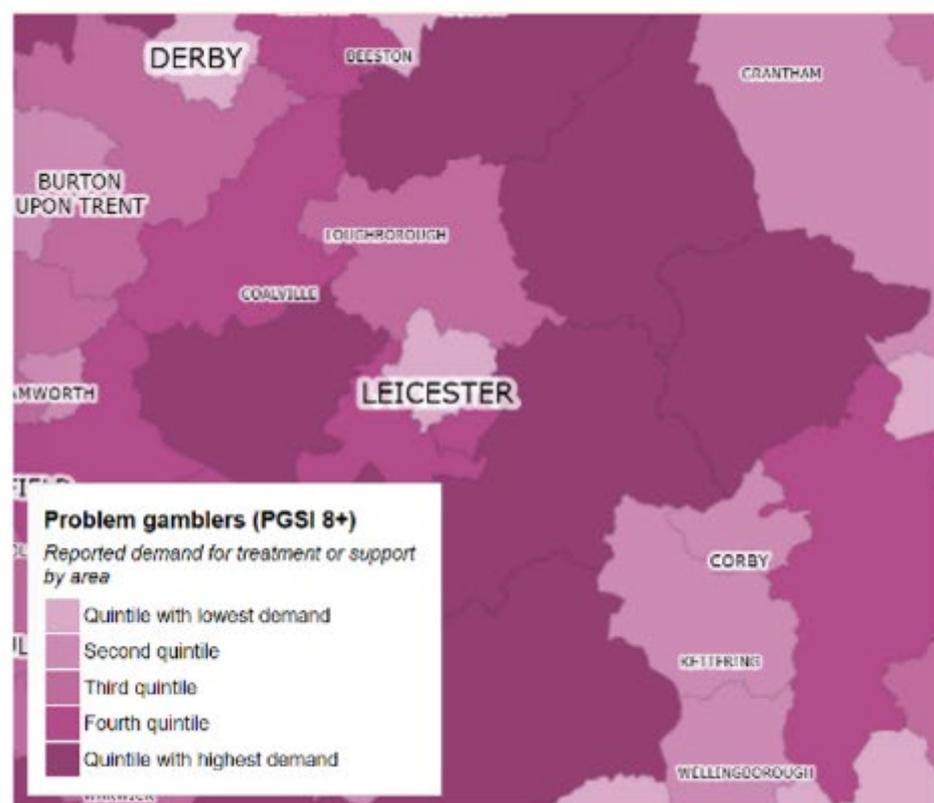
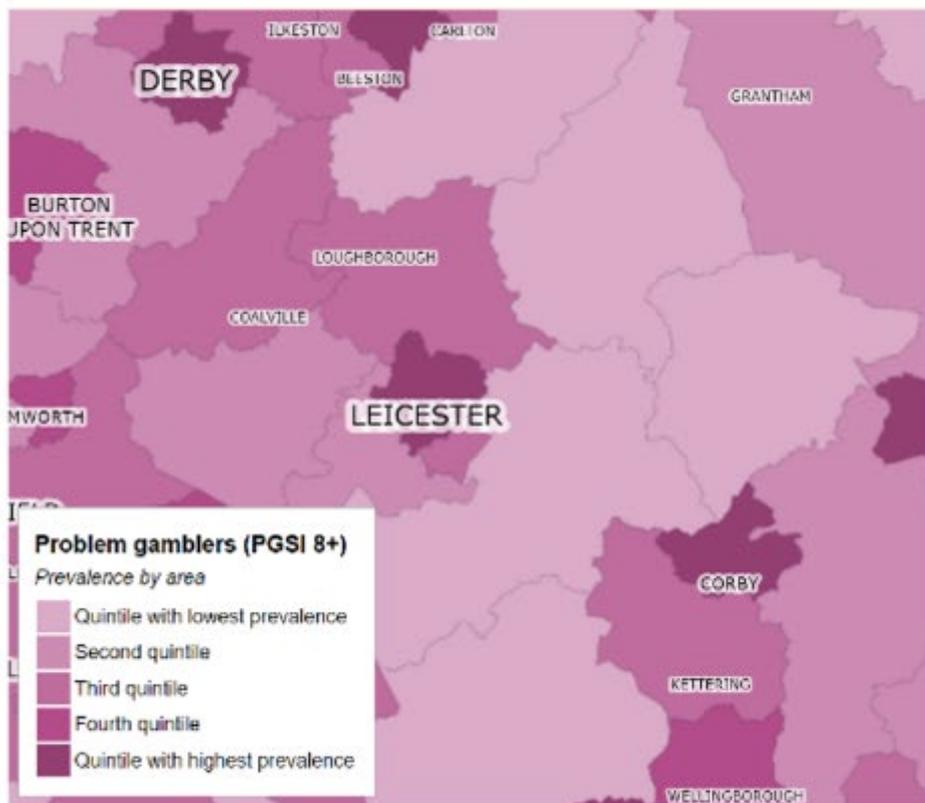
## Wider determinants of health

| Indicator  | Value (Local) | Value (Region) | Value (England) |
|--|---------------|----------------|-----------------|
| Percentage of children in low income families        | 23.0          | 16.6           | 17.0            |
| Average GCSE attainment (average attainment 8 score) | 42.9          | 45.8           | 46.9            |
| Percentage of people in employment                   | 66.2          | 75.2           | 75.6            |

# Data for Leicester residents from GambleAware

- Data for **166** Leicester clients
- **80%** male
- **63%** White British ethnicity; **22%** were of Asian or Asian British ethnicity
- Over **14.4%** unemployed
- **~90%** referred because of personally experiencing problem gambling
- the remainder were referred due to being affected by someone else's gambling
- **Commonest** type of reported gambling activity was **online** gambling, at **78%**.
- **~9%** had lost a job due to gambling
- **~30%** had lost a relationship due to gambling
- **>25%** had a gambling debt of over £5,000.





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support to  
stop the harm  
caused by  
gambling



**NHS**

**East Midlands  
Gambling Harms Service**

# East Midlands Gambling Harms Service

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 **East  
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# Local gambling harms strategy

1. Collaboration
2. Data collection
3. Training and education
4. Licensing and advertising

# The Board is asked to:

- Note the findings and recommendations
- Support the development of an upcoming strategy on Gambling Harms.