

Joint Mental Health Commissioning Strategy Delivery Action Plan for Leicester

April 2015 – March 2019

2 year priority work plan:

Area	Action	Timescales	How will we achieve this	Lead
Building Well-being and Resilience	Building resilience within children and young people	Sept. 2015	Establish online counselling pilot scheme for children and young people	CAMHS Commissioning Manager LLR CCG's
		Ongoing	A range of Schools based programmes - Initiatives aimed at improving emotional wellbeing and resilience and schools responses including- Optimistic Kids. Thinkwise. Anti-bullying /stigma/ Anti-discriminatory	Public Health LCC
	Increasing mental health awareness and	Oct. 2015	Mental Health First Aid Training Cascade across the Faith Communities and 'train the trainers' (resilience)	Public Health LCC
		Dec. 2015	Develop a general awareness campaign to promote the Five ways of mental health wellbeing (Connect, be active, take notice, keep learning and give) and 'Time for Change' to reduce stigma	Public Health LCC
	Improving access to counselling (IAPT) service to support people with mild to moderate depression/ anxiety	Sept. 2015	Improve access to IAPT therapy services through developing patient self-referral	Leicester City CCG

		April 2016	Implement a revised Open Mind IAPT service with improved choice of treatment options and delivery in both GP and community settings	Leicester City CCG
		Sept. 2016	Introduce extended hours provision and flexible web based therapy provision.	Leicester City CCG
	Developing Healthy workplaces	April 2016	Engage with local employers to encourage mindful employment and better understanding of mental health in the workplace	Public Health LCC
Personalisation	Develop structure to implement Personal Health Budgets and Integrated Personal Budgets	April 2016	Develop Integrated Personal Budgets to extend offer to those who are joint health and social care funded	LLR CCG's/ Adult Social care LCC
		April 2017	Support individuals to experience greater choice and control by increasing the number of people in receipt of a Personal Budget Direct payment by 30%	Leicester City CCG/ Adult Social care LCC
		April 2017	Develop a local policy and practice guidance for Personal Health Budgets and Mental Health	LLR CCG's

	Increasing Choice and Control	April 2016	Work with providers to develop the market and increase choice, opportunity and quality	Leicester City CCG/ Adult Social care LCC/ Voluntary and Community sector Partnerships
		April 2016	Improved access and experience of diverse communities by involving service users in: <ul style="list-style-type: none"> • training, • developing services • contract monitoring 	Leicester City CCG/ Adult Social care LCC/ Voluntary and Community sector
		April 2017	Explore the potential to integrate health and social care mental health services thereby eliminating duplication such as repeat visits and assessments	Leicester City CCG/ Adult Social care LCC
Accommodation	1. Ensure that housing needs are considered and met in both planning and provision, so reducing the use of residential care, & increasing the take up of supported living	2015/16 Sept 2015 Ongoing	Review & learn from the Bradgate Unit Housing Support pilot Address the needs of people experiencing mental health problems, including homelessness and hospital discharge	NHS Leicestershire Partnership Trust / LLR CCG's Housing Options Leicester City Council

	<p>2. Ensure annual review is robust in assessing current needs & considers supported living as an alternative to residential care</p> <p>ASCOF 1H: Proportion of adults in contact with secondary mental health services who live independently, with or without support. — 40%</p>	2015/16	Support up to 40 people a year to move on from residential care settings into independent living.	LCC Adult Social care Supported living team
Health	Improve crisis response services	Sept. 2015	Work with NHS Leicestershire Partnership Trust to review and improve response times from crisis support and home treatment services	LLR CCG's
		Oct 2015	Work with NHS Leicestershire Partnership Trust to remodel Community Mental Health Teams to improve access for patients known to the service at times of crisis	LLR CCG's
		Ongoing	Work with local partners to implement the wide ranging actions within the LLR Mental Health Crisis care concordat.	Leicester City CCG/ Adult Social care LCC
		April 2017	Improved access and experience of patients needing support by involving people in co- production of crisis response services, taking into account Due Regard and in particular experience of BME communities.	NHS Leicestershire Partnership Trust / LLR CCG's

Strengthen primary care and community based recovery support services	Dec 2015	Jointly review Third Sector provision to strengthen and integrate provision at local level in line with the Leicester, Leicestershire and Rutland Better Care Together Strategy	LLR CCG's
	April 2016	Implement plans to strengthen and integrate role of VSC to support resilience and recovery at a local level	LLR CCG's
	June 2015	Increase the number of primary care Mental Health facilitators to provide greater support for people with severe and enduring mental health needs within community settings	Leicester City CCG
Improve inpatients care services	April 2016	Work with NHS Leicestershire Partnership Trust to improve the acute care pathway in line with CQC and independent review recommendations	LLR CCG's
	April 2017	Improved access and experience of patients needing support by involving people in co- production of inpatient services, taking into account Due Regard and in particular experience of BME communities.	NHS Leicestershire Partnership Trust / Leicester City CCG
Develop alternatives to hospital admission	April 2016	Work with partners to evaluate the effectiveness of a LLR Crisis House established in early 2015	LLR CCG's

		Sept. 2015	Work with LPT to review pilot and develop effective step down services from inpatients beds	NHS Leicestershire Partnership Trust / LLR CCG's
		April 2016	Accelerate return of patients in rehabilitation placements away from home and improve community rehabilitation services	NHS Leicestershire Partnership Trust / LLR CCG's
Employment, education and training	1. Support the development of a Recovery Network that promotes employment, education and training.	2015/16	Work with mainstream providers e.g. Job Centre Plus to enable better support back into employment. Promote apprenticeships and internments for young people. Work with employers to raise awareness and to be ' Mindful' employers.	Leicester City CCG/ Adult Social care LCC/ Voluntary and Community sector Partnerships
	2. ASCOF 1F: Proportion of adults in contact with secondary mental health services in paid employment. – 2.5%		Improve data collection of people in contact with secondary care services supported into employment.	NHS Leicestershire Partnership Trust / Adult Social care LCC
Preparing for Adulthood	1. Continue to work together to fulfil our responsibilities under the Children and Families Act 2014	April 2016	Improve Children and Adolescent Mental Health Services (CAMHS) pathways and interfaces with adult & non-specialist services	CAMHS Commissioning Manager LLR CCG's
	2. Improve the pathway from child to adult mental health services	April 2016	Develop clear pathways for transition from children's services to adult services & offer early interventions to help people with mental health needs	NHS Leicestershire Partnership Trust / Leicester City CCG/ Adult Social care and

			to function more independently when they reach adulthood.	Children's services LCC
		April 2016	Ensure the review of Child Mental Health services links with the Autism Pathway Improve understanding	CAMHS Commissioning Manager CCG's
Carers	1. Family carers have expectations and experiences which are comparable to the general population	April 2016	Provide information, advice, guidance, services and support in a timely way responding to the Care Act. To better understand and respond to the needs of Carers of all ages, anticipating future needs as well as addressing immediate needs in the most appropriate setting.	LA
	2. Ensure carers are identified and supported appropriately with preventative services. ASCOF data	April 2016	Identification and flagging of carers in primary and secondary care. Enhance information and advice, advocacy, training and peer support to ensure carers receive the support they need. Raise awareness of caring role particularly with BME carers.	Leicester City CCG/ Adult Social care LCC/ Voluntary and Community sector Partnerships