

**LEICESTER CITY HEALTH AND WELLBEING BOARD**

**DATE: 22<sup>nd</sup> November 2018**

<b>Subject:</b>	Diabetes in Leicester
<b>Presented to the Health and Wellbeing Board by:</b>	Leicester Changing Diabetes - Melanie J Davies CBE  Diabetes in Leicester – work of the diabetes delivery group - Professor Azhar Farooqi  Diabetes Pledge - Councillor Adam Clarke
<b>Author:</b>	

**EXECUTIVE SUMMARY:**

Diabetes is one of the most pressing health challenges of the decade. The Cities Changing Diabetes partnership has been developed as a platform for cross-disciplinary, cross sector collaboration. Leicester, with its high prevalence of diabetes and ethnic diversity, is the 1<sup>st</sup> UK member of Cities Changing Diabetes.

The Leicester Changing Diabetes programme has a primary aim: To raise awareness, educate and train communities to deliver type 2 diabetes prevention and lifestyle education in Leicester City. The programme is intended to be inclusive of a range of community stakeholders which means the primary aim needs to be relevant and meaningful to all participating stakeholders. The programme is being delivered through a series of projects/activities/initiatives/events that are all pertinent and tailored to the needs of individual or collaborating groups of stakeholders, yet all contributing to the delivery of the overarching flag ship mission.

The diabetes delivery group considers the whole of the patient's journey in relation to diabetes from prevention, screening and early detection through to management of diabetes, education programmes and treatment of complications.

The professional sports clubs, Leicester Changing Diabetes and Leicester City Council have formed the Strategic Alliance for Physical Activity. They have recently developed a pledge to commit to tackle diabetes across Leicester by continuing to be healthy role models for fans, supporting fans to make healthy lifestyle choices and working with key partners to provide accessible and inclusive community sessions.

**RECOMMENDATIONS:**

The Health and Wellbeing Board is requested to: support these organisations in their work to tackle diabetes across Leicester.