

LEICESTER CITY HEALTH AND WELLBEING BOARD DATE

Subject:	Mental Health Partnership Board update
Presented to the Health and Wellbeing Board by:	Natasha Bednall – Lead Commissioner in Adult Social Care
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EXECUTIVE SUMMARY:

The Mental Health Partnership Board brings together various partners including health, social care, the voluntary sector, employment services, housing and the police. The board is also attended by people with lived experience of mental illness and by carers.

The Board has drives forward actions on the <u>Leicester City Joint Integrated</u>

<u>Commissioning Strategy for Adult Mental Health 2021-25</u> (delivery plan at Appendix A). The strategy has three key priorities:

- Prevention: ensuring that a range of preventative services are available to help people from all communities manage their mental health and increase their resilience and wellbeing. Initiatives to reduce mental health stigma will be supported and we will continue to support work to prevent suicide. We will increase physical health checks for people with a serious mental illness.
- Accommodation: mental health needs will be considered equal to physical health needs in the allocation of housing. People will have a choice of housing to allow them to maintain contact with friends and family and to maximise their independence.
- Education, Employment & Volunteering: We will support people with mental ill
 health to maintain and retain meaningful employment. Education and training
 opportunities for people experiencing mental ill health will be identified and
 supported. We will identify and promote volunteering opportunities for people with
 mental ill health.

The Board continues to embed in its role as the place-based board for mental health in Leicester City, including taking ownership of the Healthy Minds priority under the Care, Health and Wellbeing Strategy. As part of the refresh of the strategy, the Board reviewed what should be a key focus under the Healthy Minds priority and supported mental health and wellbeing related to social inclusion and supportive networks.

Agendas for the board are set in co-production with Tania Shah (co-chair for the board who is a person with lived experience) so that in addition to reviewing and shaping work ongoing under the Commissioning Strategy and the Healthy Minds priority, it can also respond to issues and queries raised by the Leicester

Loudspeaker Group (a self-advocacy group for people with lived experience of mental ill health).

Over the coming year, the Board will review progress against the Commissioning Strategy

RECOMMENDATIONS:

The Health and Wellbeing Board is requested to:

- Note the work of the Mental Health Partnership Board.
- Note progress against the delivery plan of the Joint Integrated Commissioning Strategy for Adult Mental Health 2021-25