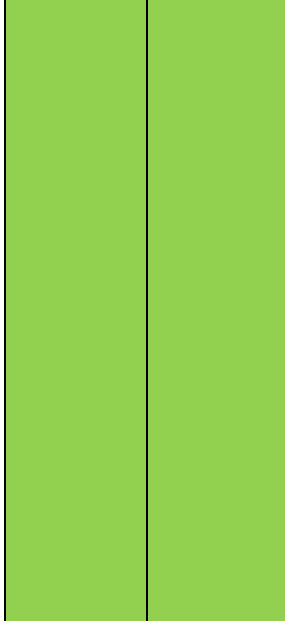


Leicester City Joint Integrated Commissioning Strategy for Adult Mental Health - Delivery Plan

	Action Step <i>What needs to be done?</i>	Allocated to	Key performance indicators / outputs <i>How will we know this is having an impact?</i>	Status <i>Where are we now?</i>	Timescale	RAG rating - progress	RAG rating - on track
Prevention							
1	Commissioning review of the Mental Health Wellbeing Recovery Support Service to ensure that all of Leicester's communities benefit from the preventative mental health service.	Adult Social Care	Outcomes as outlined in the specification for the MHWRS – measured through quarterly reporting and regular meetings with the provider.	This service went live on 3rd October 2022. People Potential Possibilities (P3) are now delivering this service in Leicester City. From Spring 2023 - January 2024, the service has: <ul style="list-style-type: none"> - Had 426 people attend peer support groups - Supported 498 people with Community Recovery Support - Supported over 1,000 people with Advice & Navigation 	2021 / 22		

2	Provision of a programme of mental health awareness training to faith groups and community leaders.	Public Health	Details are available of faith groups and community leaders and whether training has been offered/delivered	<p>Mental Health First Aid Training has been delivered to community groups since the start of this strategy. In 2023 alone, 183 people received training.</p> <p>As of October 2023, this piece of work has evolved into the 'Mental Health Friendly Places' initiative, which includes a tiered training offer allowing organisations to work towards accreditation as a <i>Mental Health Friendly Place</i>.</p>	2021/22	
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3	Support the work of the Leicester, Leicestershire and Rutland Suicide Prevention Group to continue to reduce the suicide rate in Leicester.	Public Health	Progress on this strategy is measured against an action plan overseen by the LLR Suicide Audit and Prevention Group	<p>[1] Bereavement support in LLR continues to be delivered by the Tomorrow Project.</p> <p>[2] Men's Mental Health: The <i>Get the Ball Rolling</i> campaign was undertaken to promote mental wellbeing through participation in sports. A webinar on Men's Mental Health was delivered in February 2024 with 250 people signing up.</p> <p>[3] Mental health promotion concerning managing adversity [e.g. people who use foodbanks]Locally, the Suicide Prevention Strategy is being refreshed in conjunction with partners.</p>	2021-25		
4	Ensure that people with a registered serious mental illness (SMI) receive regular physical health checks.	Integrated Care Board	60% of people registered as having SMI getting an annual physical health check	The percentage of people registered as having a SMI is reported on quarterly. In the quarter ending March 2024, the percentage for Leicester City was at 72.7%	2022 / 23		

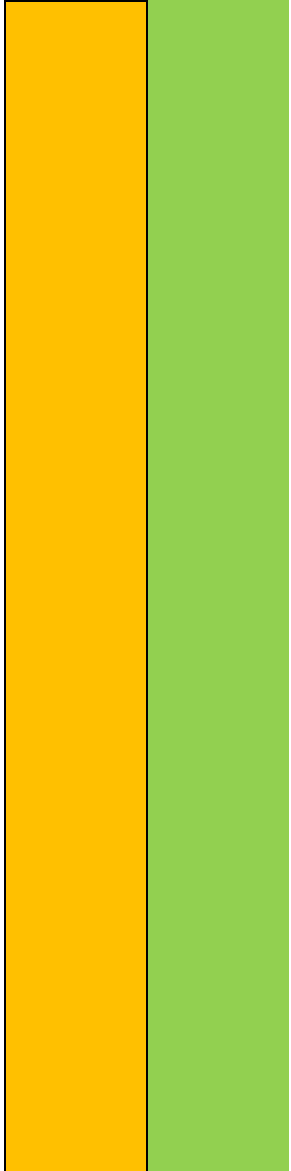
5	Engage with voluntary, community and social enterprise (VCSE) groups and Primary Care Networks (PCNs) to identify community-based offers in Leicester that will reduce isolation and build mental health resilience in all of Leicester's communities with a focus on those communities with the poorest reported mental health outcomes.	Leicestershire Partnership NHS Trust	<p>:- Infrastructure in place for two-way engagement with the Voluntary Sector</p> <ul style="list-style-type: none"> - Voluntary Sector projects that support mental wellbeing are supported - Comms resources around mental health offers available 	<p>The Getting Help in Neighbourhoods Pathfinder is being rolled out across LLR with three neighbourhood leads appointed in Leicester City. The Better Mental Health For All VCS network was launched to promote collaborative working across partners. This allows the voluntary sector to represent themselves with partners supporting. A suite of communications resources have been developed to promote the range of voluntary and statutory offers available to support people experiencing poor mental health & wellbeing</p> <p>Following feedback from the Voluntary Sector, the rollout of the Joy social prescribing platform is ongoing across Leicester and Leicestershire. Once launched, data from the platform can be used to</p>	2021 -23		
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				<p>gain insight into the offers that people search for and access</p> <p>Voluntary sector offers have also been identified and supported through grant funding, including:</p> <ul style="list-style-type: none">- Neighbourhood Mental Health cafes- Projects funded through the Getting Help in Neighbourhoods programme			
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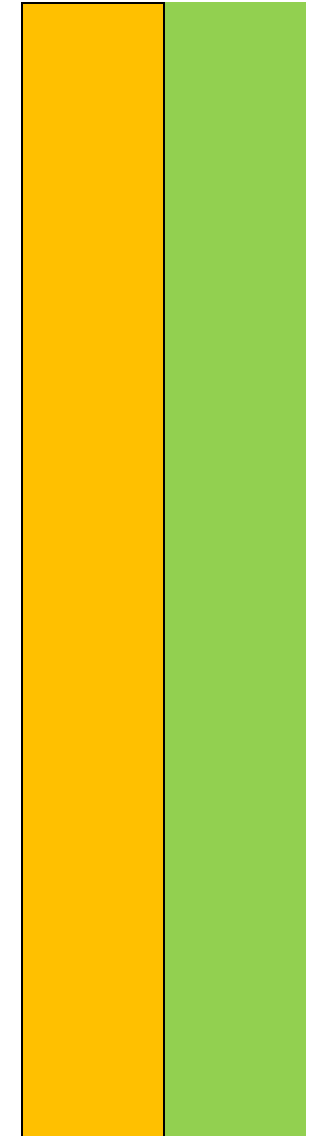
6	Support transformational activity linked to Step Up to Great (SUTG) to improve all age mental health services in Leicester.	Leicestershire Partnership NHS Trust	Step up to Great will be measured by:- Delivery against a phased implementation plan- Measuring referrals, activity and response times- Patient and carer satisfaction surveys- Peer support workers will be visible in practice and feel capable and supported- Seeking the views of stakeholders who refer to the service- Staff survey and engagement score	Consultation closed. Transformation linked to consultation ongoing. Progress to date includes:- Introduction of a Central Access Point- Supporting people in a crisis in an emergency department setting- Introduction of Urgent Care Hub for Mental Health- Expanding the number of Neighbourhood Mental Health Cafes (formerly known as Crisis Cafes).- Improving and expanding crisis services- Expanding the hours of the police triage car- Introducing more support to help people to support themselves- Expand perinatal services- Introduce maternal outreach- Introduce enhanced recovery (community rehabilitation)	2021 / 22 (consultation) Transformational activity undertaken across duration of strategy		
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7	Support the <i>Future in Mind</i> Transformation Programme to improve children’s mental health in Leicester, Leicestershire and Rutland.	Integrated Care Board	The Future in Mind Transformation Programme encompasses a number of C&YP MH Services delivered by a range of providers working together system wide to provide low, medium and high level emotional, mental health and wellbeing support. Each service provider submits access data to the National NHSE Mental Health Data Set. LLR have a target of 35%. Alongside access data, providers report routine outcome measures (ROMS).Each provider submits quarter monitoring reports including service user feedback and an annual self-evaluation report. A	Future in Mind Transformation Plan refresh 2022/23 completed.Areas for development include:- roll out of training for ARFID (Avoidant restrictive food intake disorder) across the CAMHS Eating Disorder Service and development of a pathway- Funding of programmes around health inequalities including Community Chill Out Zones			
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			<p>proportionate number of providers also provide family and friends national reporting. The Future in Mind Transformation Programme National Service Specifications are monitored through the Monthly National NHSE/I Assurance meetings</p>					
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8	<p>Deliver a programme of work to increase access to evidence-based specialist perinatal mental health services for women experiencing moderate / complex-severe mental health problems.</p>	<p>Leicestershire Partnership NHS Trust</p>	<p>Perinatal mental health services will be available from preconception to 24 months after birth. Access to evidence-based psychological therapies within specialist perinatal mental health services will be expanded so that they also include parent-infant, couple, co-parenting and family interventions. Fathers/partners (of women accessing specialist perinatal mental health services and maternity outreach clinics) will be offered an evidence-based assessment for their mental health and signposting to support as required.</p>	<p>12 – 24 months: where there is a clear perinatal need, women will be seen beyond 12 months, however no new referrals beyond 12 months taken at present. Currently work ongoing to upskill staff on the additional needs that these women have and how these can be met. Review taking place to see what other services in community women can be signposted to e.g. VCSE. Expanding psychological therapies: Work being undertaken on improving understanding of additional cohorts including working across Perinatal mental health and maternal mental health. Improving training for different cohort of staff to meet the needs of the women and to improve access rate. Partners assessments: liaising with mental health peer support team to look</p>	<p>2021 - 24</p>	
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at how they can inform the approach for perinatal peer support. Further work to include working with VCSE teams to engage better with partners.



9	Roll out Leicester City Council's new arrangements for Supported Living, including Enablement and Recovery services.	Leicester City Council - Adult Social Care Commissioning	<p>:- Experiences of people supported inform and improve service development.- The service demonstrates its ability to actively promote and support strength-based approaches to the support provided that maximises health and wellbeing. The enablement service will also be measured based on these specific outcomes:-</p> <p>The service meets the personalised goals of the people it supports. (enablement)- The service demonstrates its ability to effectively support the journey of enablement by supporting a move to greater independence.</p>	Completed – these services are now operational with ongoing contract management.	2021		
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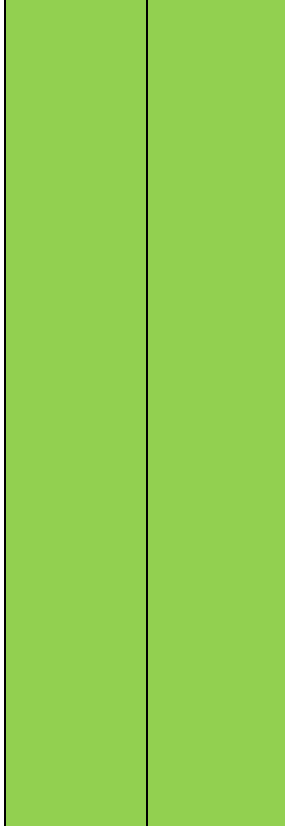
			<p>(enablement)- The service recognises the recovery model and meets the personalised goals of the people it supports. (recovery)- The service demonstrates its ability to effectively support the journey of recovery and enablement by supporting a move to greater independence. (recovery)</p>				
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10	We will improve our supported living and residential services by asking the people who use them how to make things better.	Leicester City Council	Services are designed based on engagement and co-production with people with people who draw on support.	Our new framework for supported living was developed based on what people had to say about how our supported living offer can be improved. We also launched our Supported Living and Extra Care Housing Strategy in March 2021. This outlines what accommodation is needed to support people with a variety of needs including mental health needs.	2021		
11	Work with housing providers, registered social landlords and housing associations to raise awareness of the risks to mental health and wellbeing associated with insecure housing.	Leicester City Council	The market has access to a range of resources to support increased knowledge and understanding.	Engagement with supported living providers is ongoing via the Supported Living provider forum. Work ongoing to look at how information can be communicated more broadly with housing providers.	2023		

12	Work with Leicester City Council's housing services to raise the profile of mental health needs in housing allocations	Leicester City Council	Housing Allocations policy	<p>Leicester City Council's Housing Allocations' Policy includes 'people whose current housing conditions are having a seriously adverse effect on the physical or mental health' as part of its Band 1 criteria. This means that where someone's home is seriously impacting on their mental health, or where a traumatic event in the associated home or adjacent area is causing the applicant significant mental distress, they will be prioritised on the housing register.</p> <p>Its Band 2 criteria includes 'people whose current housing conditions are having a negative effect on the physical or mental health of the applicant or a member of their household.'</p> <p>This means that consideration is given where an applicant's</p>	2022/23		
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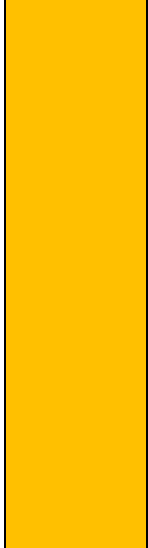
				current home is adversely impacting on the mental health of a household member.		
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13	<p>Work with local authority, health and housing providers on the development of extra care and independent living schemes to provide stable housing options for people with mental ill health, in particular when they are being discharged from hospital.</p>	Leicester City Council	<p>Our Supported Living and Extra Care Strategy outlines plans to realise 396 new units of accommodation between 2021 and 2031</p>	<p>Our Supported Living and Extra Care Housing Strategy outlines what our needs are for accommodation. We have invited accommodation developers to express interest in providing accommodation Since 2021, 45 units of accommodation have been delivered. The demand forecast forming the basis of this strategy is being refreshed.</p>	2021/22		
Employment, Education and Volunteering							

14	<p>Increase the number of people with lived experience of mental health challenges being in paid employment or volunteering to support others with mental health challenges.</p>	LPT	<ul style="list-style-type: none"> • Peer support workers are available to support individuals within neighbourhoods • An established, accredited training course for developing peer support workers (inc. volunteers) delivered by local practitioners • Patient and carer satisfaction surveys • Seeking the views of stakeholders who refer to the service • Staff survey and engagement score 	<p>To date, 38 peer support workers have been recruited.</p> <p>Peer support worker training courses are taking place on a termly basis. The courses are being delivered in partnership with ImROC, a leader in this field.</p>	2021/22	
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15	Engage with education agencies, volunteering organisations and employers to provide information on reasonable adjustments that can support people with a range of mental health conditions.	Department of Work & Pensions / Leicester Employment Hub	Education agencies, volunteering organisations and employers have access to a range of resources to support people with a mental health condition to access employment, education and volunteering.	DWP have a schools advisor who engages with organisations about reasonable adjustment. More broadly, DWP promote the health adjustment passport and the mental health function of Access to Work amongst employers. in 2023, the DWP carried out 136 health-related conversations with employers in Leicester City. 133 Disability Confident Employers in Leicester. Leicester Employment Hub works with employers to consider reasonable adjustments that could be put in place with local employers so that people with disabilities can access employment opportunities.	2021-23		
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16	Promote the work of Leicester Employment Hub and ensure that people with mental health conditions are able to access opportunities.	Leicester Employment Hub	All partners are aware of and can distribute the Leicester Employment Hub offer.	The Leicester Employment Hub promotes opportunities on an ongoing basis via its partner mailing list. The work of the Leicester Employment Hub has been promoted via the Mental Health Partnership Board so that a broad range of partners are aware of how they support people with mental ill health.	2021-23		
17	Work with people who use services and with carers to produce case studies demonstrating the positive impact that employment, education and volunteering can have for people experiencing mental health issues	Leicester City Council	People have a way of sharing their lived experience of the effect of employment, education and volunteering.	Work ongoing to look at how case studies are used across partners to promote the positive impact of employment on mental health	2022/23		

18	Double the employment support offer to for people with more severe mental illness through the Individual Placement and Support model, as recommended in the Five Year Forward View for Mental Health.	LPT	This is nationally monitored through IPS Mental Health Data Set (1st April 2021) It is also monitored through feedback of people who use the service, Friends and Family Test	Work is ongoing – a representative from the Employment Support Service will attend a future meeting to provide information on the service and how it is evolving.	2021/22 
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19	Seek external funding opportunities to meet gaps in provision in addressing employment, education and volunteering support.	Leicester City Council / DWP	We have made the best use of available funding to promote employment, education and volunteering opportunities for people experiencing mental ill health	The Supported Employment Programme is delivered jointly between Adult Social Care, Leicester Employment Hub and the Department of Work and Pensions to support people with a learning disability and/or autism into employment. Though people with mental health support needs are not the target group for this project, it is anticipated that there will be people with a dual diagnosis of mental illness and a learning disability and/or autism that will benefit from support. The Department of Work and Pensions is linked into the Mental Health Partnership Board so that any future opportunities can be identified and benefits realised.	2022/23		
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20	Work with colleagues from the Department for Work and Pension and Job Centre Plus to communicate issues raised by people who use services and carers relating to benefits and support to return to work.	Department of Work & Pensions	There is an effective feedback loop between people with lived experience and the Department of Work and Pensions and Job Centre Plus.	DWP are attendees at MHPB will use this as a vehicle for engagement where needed - Agreed regular updates from DWP at the MHPB to facilitate this.	2022/23		
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