

Health and Wellbeing Board

Logic Model Overview

Recap

- Original 19 priorities to be reported on annually
- Further 4 priorities have been agreed for the next 12 months
- Regular reporting on the 4 areas with clear KPIs
- Did not cover PLUS groups, this to be considered later in this session



Childhood Immunisations

Objective: To increase childhood vaccination uptake across Leicester.

Rationale - Why is this important?	Projects reporting - Title and description of each project/ deliverable	Project KPIS - Clear and measurable	Subgroup/s responsible - Governance	Outcomes of workstream
<ul style="list-style-type: none"> • Prevention of diseases • Promotion of healthy development • Equity in health • Prevention of outbreaks • Reduction in healthcare and other societal costs 	<p><u>Antenatal Vaccinations</u> Improve Pertussis (whooping cough) vaccination uptake through:</p> <ul style="list-style-type: none"> • Raise awareness • Work with community groups e.g. <i>Leicester Mammias</i> to offer educational workshops • Increase accessibility via community clinics on board the Roving Healthcare Unit (RHU). • Continue to support antenatal clinics at UHL by utilising the super vaccinator workforce to cover gaps in staffing. <p>Introduction of RSV (Respiratory Syncytial Virus) vaccine from 1 Sept. 2024:</p> <ul style="list-style-type: none"> • Communications campaign to introduce vaccine and explain importance • Support midwives and vaccination nurses to confidently deliver the vaccine • Offering several pathways and opportunities for pregnant patients to access the vaccine i.e. antenatal clinics, GP, RHU and community locations 	<p>Pertussis: current LLR uptake 57%</p> <p>Target TBC – further work needed to understand data sets and impact of proposed changes</p> <p>RSV: New vaccine from 1.9.24, NHSE target is 50%</p>	<p>LLR Immunisation Board – chaired by Kay Darby (Chief Nurse), attended by Rob Howard (DPH).</p>	<p>Improving maternity, childhood and adolescent immunisation</p>
	<p><u>Babies and Pre-school Children</u> To support and provide vaccination and immunisation advice to parents of babies and pre-school children, reducing variation in uptake.</p> <ul style="list-style-type: none"> • Support a shortlist of GP practices with lowest uptake and enabling CHIS service to target support • Raising awareness in primary care settings via regular clinical webinars. • Offering staffing support and additional capacity via the Super Vaccinators. • Offering childhood immunisations such as MMR and Pertussis on board the Roving Health Unit in areas where uptake is low. • MMR core 20 project to offer home visits to families without vaccination – catch up for all family members 	<p>MMR 2: current City uptake 69% (5 yrs)</p> <p>WHO target is 95% 2 doses at 5 yrs,</p> <p>Local target TBC – further work needed to understand data sets and impact of proposed changes</p>		
	<p><u>School-age and Adolescents</u> To support the school aged immunisation service (SAIS) to deliver vaccinations to young people throughout their school years, with a specific focus on the HPV vaccine.</p> <ul style="list-style-type: none"> • Work with schools to understand barriers to uptake. • Improve the self-consent process, empowering young people to better understand vaccinations and to make positive choices to support their health. • Targeted work with schools with the lowest uptake and learning from schools with higher uptake rates. • Developing an in-school programme and educational pack to support guidance and advice to young people, teaching staff and their parents/carers. 	<p>HPV City 49% (male) 57% (female)</p> <p>WHO target is 90% in females by 2040</p> <p>Local target TBC – further work needed to understand data sets and impact of proposed changes</p>		

Healthy Weight

Objective: To create a system that enables at least 40% of our adult population and at least 70% of the Year 6 population to live at a healthy weight by 2034.

Rationale - Why is this important?	Projects reporting - Title and description of each project/ deliverable	Project KPIS - Clear and measurable	Subgroup/s responsible - Governance	Outcomes of workstream
<p>Only 30% of people in LLR living with learning disability are a healthy weight with excess weight contributing to average 20-year shorter life expectancy.</p>	<p>Social care learning disability focused work A focus on how to improve health and wellbeing messaging for people living with learning disability and the services that they engage with. Current focused area of work around supported living providers.</p>	<ul style="list-style-type: none"> • Clear guidance created on consistent messaging of healthy weight. Guidance issued to all supported living providers in city. • Staff training and information on portion sizes/what is healthy • Producing easy read information for people • Guidance around what is healthy weight and how to talk about this 	<ul style="list-style-type: none"> • Food and healthy weight systems partnership steering group. • Lead officer: Amy Hathway (with appropriate reps from LNDS/LPT and Social Care) 	<p>To support the creation of a system that is conducive to maintaining a healthy weight.</p>
<p>Systems change is required to create an environment that supports individuals to live at a weight that is healthy for them.</p>	<p>LNDS nutrition training for workforces Multi agency training will be offered on a quarterly basis for professionals working with adults and families. Two specific training packages will be created on a yearly basis for specific groups requiring more specific messaging i.e. care home cooks.</p>	<ul style="list-style-type: none"> • 80 staff trained in nutrition from a variety of workforces annually. (The scope of this could be increased with increased funding). • 2 specific packages of training delivered to priority workforces. • 40 attendees minimum in total attend two specific training packages 	<ul style="list-style-type: none"> • Contract variation as part of S75 monitored through Amy Robinson (Commissioning Manager) via support meetings with commissioned provider LNDS. • Lead officer: Amy Hathway. 	
<p>NHS Long Term Plan highlights the importance of preventing excess weight and amongst other elements outlines plans to act on healthy NHS premises and making sure front-line staff are equipped to talk to patients about nutrition and healthy weight in an informed and sensitive way.</p>	<p>Establishing opportunities for more effective promotion of healthy lifestyle within the local ICS Contributions to the consideration of adoption of the NHS Healthy Weight Declaration is a key part of this project to raise excess weight on the local agenda and provide clear commitments to act against.</p>	<ul style="list-style-type: none"> • Number of engagement sessions held with PCNs • Number of PCN staff provided with training on healthy weight • Consideration of joint adoption across LLR of NHS HW declaration • Audits carried out against commitments of the Declaration to support progression <p><i>Please note that conversations regarding this project are in the infancy and require greater discussion with appropriate partners to progress. It is hoped the HWBB can support these conversations</i></p>	<ul style="list-style-type: none"> • Healthy weight leads in Leicestershire County Council and Leicester City Council have meetings which can support these conversations, but discussion may sit within a separate working group feeding into the Systems Steering Group • Lead officer: To be confirmed. 	

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<p>In Leicester, the percentage of pregnant women who were obese at the time of booking an appointment with a midwife was 23.8% in 2018/19, which is significantly worse than the National average (22.1%).</p>	<p>Establishing local opportunity to improving healthy weight in pregnancy</p> <p>Work in partnership with representatives of the Healthy Pregnancy, Birth and Babies group to ensure that good nutrition and physical activity are promoted during pregnancy by increasing opportunities and ensuring workforces are well equipped to raise the issue and signpost to or provide support.</p> <p>A scoping review into opportunities to embed healthy lifestyles more prominently is currently being undertaken and may inform additional KPIS.</p>	<ul style="list-style-type: none"> • Implementation of walks for mums as part of Live Well Walk More offer. • N attending walks for mums walks. • N of staff in Live Well trained in Physical Activity in Pregnancy course. • Aylestone Leisure Centre promoted as breastfeeding friendly and considers creation of breastfeeding café. • N of additional leisure centres registered as breastfeeding friendly. • Implementation of antenatal provider offering physical activity classes at Aylestone Leisure Centre. • N of midwives and antenatal/post-natal workforces trained in raising conversation of weight during pregnancy (This training is yet to be developed but will sit as part of the specific training package offer by LNDS) 	<ul style="list-style-type: none"> • Specific maternal excess weight working group as part of healthy weight governance that feeds into Steering Group. • Lead reporting officer: Amy Hathway • Lead operational officer: Annie Kennedy. • Supporting officers: Charlie Hurley, Vicky Ball, Kyle Harrison and others to be confirmed as part of working group. 	<p>To support the creation of a system that is conducive to maintaining a healthy weight.</p>



Mental health and wellbeing related to social inclusion, and supportive networks

Objective: Improving the mental health of our local population by promoting and facilitating community-based offers that support inclusion, connectedness and wellbeing

Rationale - Why is this important?	Projects reporting - Title and description of each project/ deliverable	Project KPIS - Clear and measurable	Subgroup/s responsible - Governance	Outcomes of workstream
<p>We know that there is a correlation between poor mental wellbeing and loneliness & isolation. The Leicester Health and Wellbeing Survey 2018 found that those with poor mental health and wellbeing are more likely to feel isolated and less able to ask for help from people around them. 30% of people with poor mental health felt excluded, lonely or alone and 22% felt isolated from others.</p> <p>In 2024, Leicester City Council launched the <i>Leading Better Lives</i> project in partnership with Social Care Futures. Loneliness and social isolation was identified as a key priority as part of the Council's prevention & community wellbeing approach.</p>	<p>Neighbourhood Mental Health Cafés</p> <p>Drop-in sessions delivered by voluntary sector providers and located in areas with highest levels of mental health need where people can get mental health support and advice – no appointment needed.</p>	<ul style="list-style-type: none"> • Number of people accessing Cafés (including demographic & geographical info) • Quality Reviews to be undertaken of individual cafés 	<p>Leicestershire Partnership NHS Trust</p>	<p>To increase social inclusion in the city and reduce the number of people feeling isolated and lonely</p>
	<p>Mental Health Wellbeing & Recovery Support Service</p> <p>Preventative mental health service enabling people to improve and maintain their mental health & wellbeing, or recover from mental illness, through better use of community assets & resources.</p>	<ul style="list-style-type: none"> • Number of people accessing Advice & Navigation and Community Recovery Support (including demographic & geographical info) • Individual outcome measures 	<p>Early Intervention & Prevention Board (Adult Social Care, Leicester City Council)</p>	

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	<p>Leading Better Lives Developing a coproduced council-wide approach to prevention and community wellbeing.</p>	<ul style="list-style-type: none"> • Metrics to be developed in coproduction as part of the project. 	<p>Leading Better Lives Steering Group (LCC)</p>	
	<p>Prevention Concordat for Better Mental Health Underpinned by a prevention-focused approach to improve mental health, which in turn contributes to a fairer and more equitable society.</p>	<ul style="list-style-type: none"> • Partnership Board receives reports to address health inequalities • Mental health in all policies, such as access to green space, transport, leisure, arts, and culture 	<p>Mental Health Partnership Board</p>	

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	<p>Getting Help in Neighbourhoods Projects</p> <p>Grant-funded projects allowing voluntary sector organisations to expand or enhance their existing offer in order to support mental health & wellbeing through activities and support.</p>	<ul style="list-style-type: none"> • Number of people supported • Number of interventions • Quality reviews of individual projects 	<p>Leicestershire Partnership NHS Trust</p>	
	<p>Mental Health Friendly Places</p> <p>Encouraging local businesses & community organisations to take up training offer & accreditation to equip them with skills and knowledge to support people with mental health</p>	<ul style="list-style-type: none"> • Number of organisations signed up to Mental Health Friendly Places. • Number of stakeholders trained in Mental Health Friendly Places projects 	<p>Leicester City Council – Public Health</p>	

PLUS Groups

- Core20PLUS5 is a national NHS England approach to inform action to reduce healthcare inequalities at both national and system level.
 - Core 20= 20% most deprived of the national population
 - 5= clinical areas of focus nationally
 - PLUS= Populations that experience starkest health inequalities at a local level

Learning Disabilities, Homelessness and Severe Mental Illness (SMI) groups have the largest gap (and therefore the worst) in Life Expectancy and health outcomes against the LLR and England averages

We recommend that reporting on specific actions to support these PLUS groups within each of the focus areas is included



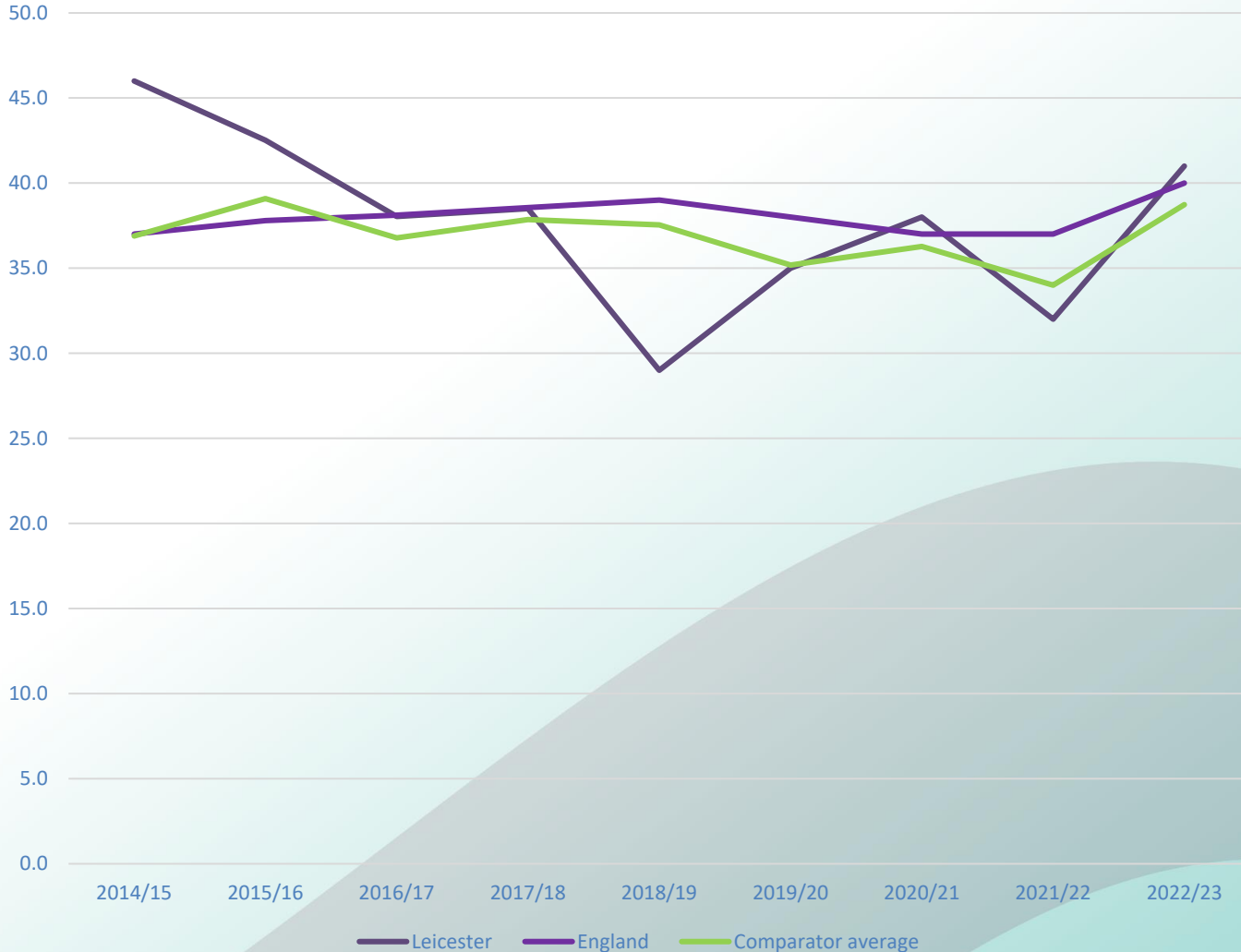
Care Experienced CYP

- Suggested shortlisted priority for next stage of the strategy and delivery plan
- Instead of a specific priority, could this be an additional PLUS Group?

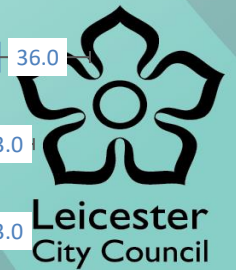
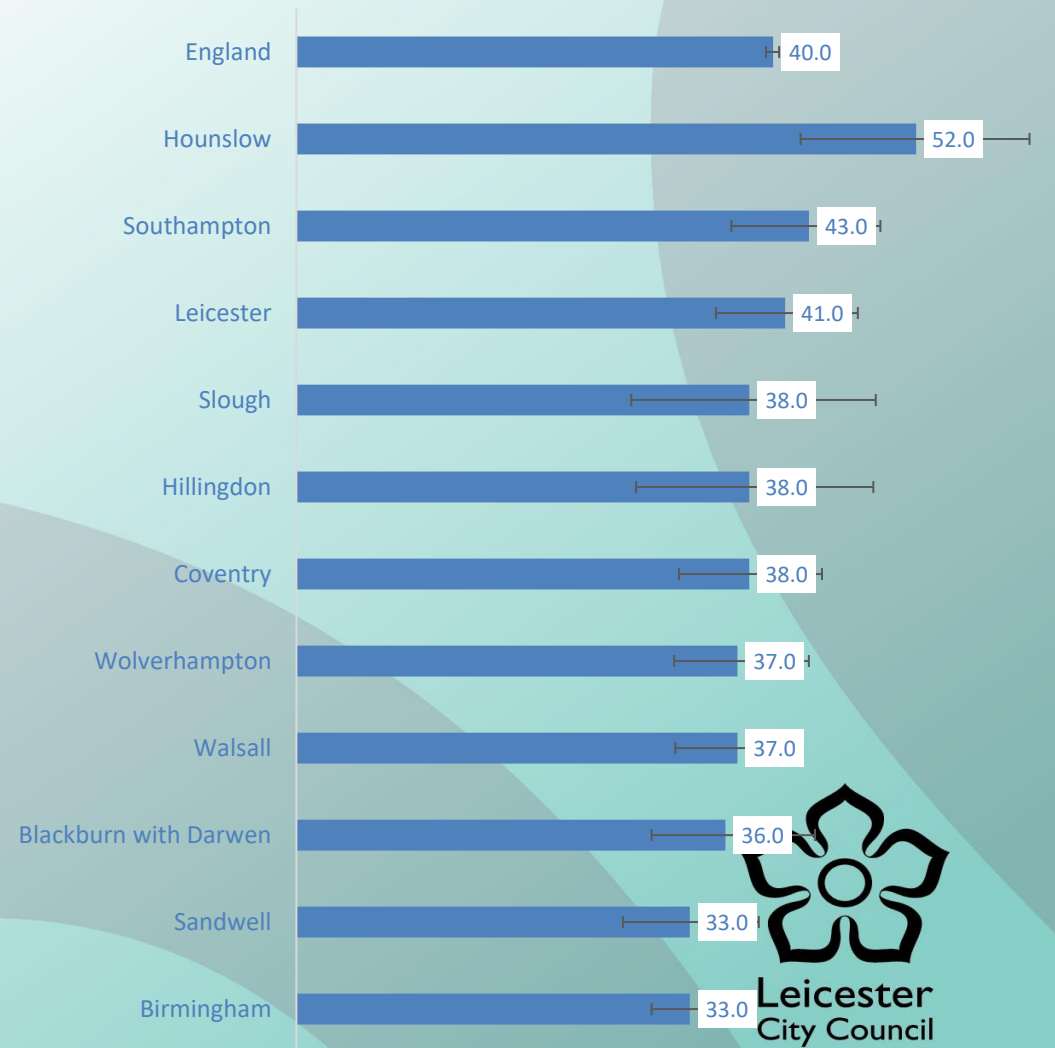


Children in care: Children in Care are a vulnerable group at greater risk of poor physical and emotional health outcomes than their peers. This can lead to poorer health throughout their lives, and shorter life expectancy.

Percentage of looked after children whose emotional wellbeing is a cause for concern
2014 to 2023: Leicester, comparators and England



Percentage of looked after children whose emotional wellbeing is a cause for concern 2022/23: Leicester, comparators and England



Monitoring

Date

Title of workstream: e.g. Healthy Weight

Objective: xxxx

Governance arrangement

Reporting Projects	Project KPIs and Targets	Update	Next steps	<u>PLUS</u> Groups - SMI - LD - Homelessness	Risks and mitigations	RAG for period

Point for escalation:

|

Reporting frequency to be agreed



Summary and next steps

- Priorities agreed and reviewed
- Project monitoring to be populated with updates gathered each interval agreed with project leads
- Updates to be presented to HWB as well as the new merger of ISOC and JICB
- Project leads to be invited to provide detailed updates as requested by the Board



Leicester Integrated Health and Care Group

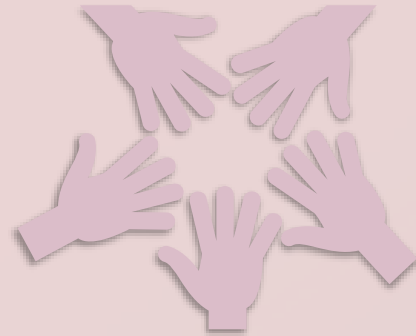
- Emerging consensus to combine ISOC and JICB into one Leicester meeting.
- This group will be reporting to HWB
- The group will receive JHCW delivery plan updates
- Other responsibilities include...



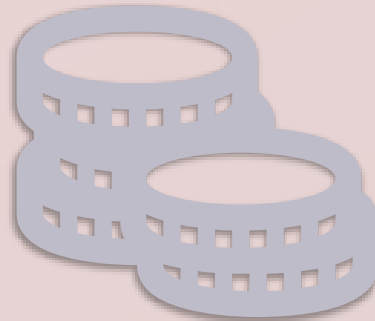
Leicester Integrated Health and Care Group Core Business



**Leicester's
Health Care and
Wellbeing
Strategy
Priorities
Oversight/
Delivery**



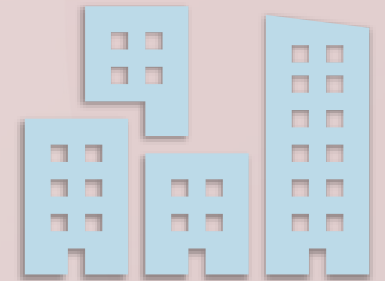
**Joint
Commissioning
/Transformation**



**City
Better Care
Fund (BCF)**



**Influence
Advocate
Integrate**



**City Specific
Challenges/
Opportunities
(Wider
determinates of
health, health
literacy, digital
inclusion/VCSE/
Funding)**