

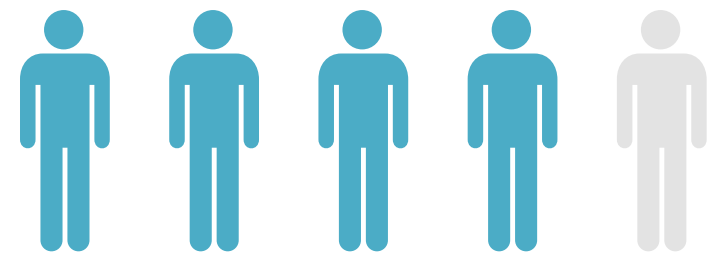


# Health & wellbeing survey 2024

In 2024, Leicester City Council commissioned a health and wellbeing survey to provide a high-quality snapshot of behaviours and attitudes among Leicester’s adult population. The research explores residents’ views on their local area, access to services, and health and wellbeing, with results informing the delivery of services across the city. Below are the key findings.

## Top five positives:

**Four in five** residents rate their general health as **very good** or **good**



There has been a decline of **4% points** in those who smoke cigarettes compared to 2018 (16% cf. 20%)



**Three in four** residents use parks, waterways and other green spaces **at least monthly**

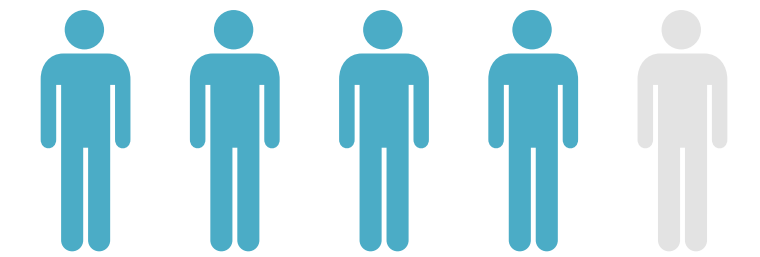


Most residents feel they have a **support network** they can rely on in difficult times

Ranging from 67% to 87% depending on the scenario



**Four in five** residents say they tend to bounce back quickly after hard times



## Top five challenges:

**Nearly a quarter** of residents have faced difficulties paying their food and energy bills in 2024, more than double the 2018 figure (23% cf. 10%)



Residents **face challenges in accessing medical services**, particularly for NHS dentists and GPs



**One in 14** residents with children under 16 living at home say that they smoke in the house



**One in seven** have an alcohol consumption classification of ‘increasing risk’ or higher for harmful drinking



**One in 20** households report the presence of damp and mould in the home

