

PUBLIC HEALTH AND HEALTH INTEGRATION SCRUTINY COMMISSION

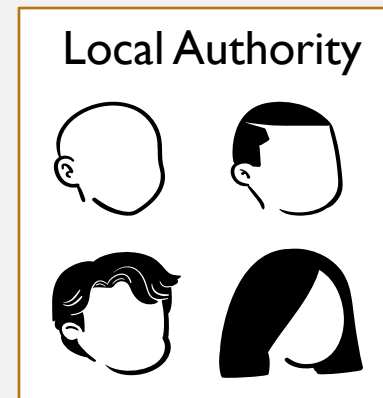
04 03 2025

# Health, Care and Wellbeing Strategy Overview



# WHAT IS THE HEALTH AND WELLBEING BOARD?

- Statutory board of the council
- Established under the Health and Social Care Act 2012
- Forum for public accountability
- Partnership forum rather than an executive decision-making body
- Oversee the delivery of the Health, Care and Wellbeing Strategy



# HEALTH CARE AND WELLBEING STRATEGY



APPROACH TO REDUCING  
HEALTH INEQUALITIES



OUTLINES KEY THEMES TO  
FOCUS ON



IDENTIFIES DELIVERY PLAN  
PRIORITIES

# Strategy Priorities

Strand	Proposed Priority
<b>Healthy Places</b> Making Leicester the healthiest possible environment in which to live & work	Improving the built environment to support people’s long term health and wellbeing
	Improving access to primary and community health and care services
	Supporting a move towards a carbon neutral city
	Creating Mental Health & Dementia friendly communities within Leicester
<b>Healthy Start</b> Giving Leicester’s children the best start in life.	Give every child the best start in life by focusing on the critical 1001 first days of life.
	Making sure children are able to Play and Learn
	Mitigating the impacts of poverty on children and young people.
	Empowering health self-care in families with young children
<b>Healthy Lives</b> Encouraging people to make sustainable and healthy lifestyle choices	Reducing levels of unhealthy weight across all ages
	Increasing early detection of heart & lung diseases and Cancer in adults
	Promoting independent living for people with long term health conditions
	Improving support for Carers
<b>Healthy Minds</b> Promoting positive mental health within Leicester across the life course	Improving access for children & young people to Mental Health & emotional wellbeing services
	Improving access to primary & neighbourhood level Mental Health services for adults
	Reducing social isolation in older people and adults
	Work towards having no deaths from suicide in the city.
<b>Healthy Ageing</b> Enabling Leicester’s residents to age comfortably & confidently	Enabling Leicester’s residents to age comfortably and confidently
	Promoting independence for frail older people
	Reducing the number of falls for people aged 65+ in Leicester City

# Do:

Theme	Priority
<b>Health Places</b>	<ul style="list-style-type: none"><li>Improving access to primary and community health/ care services</li></ul>
<b>Healthy Start</b>	<ul style="list-style-type: none"><li>Mitigating the impacts of poverty on children and young people</li></ul>
<b>Healthy Lives</b>	<ul style="list-style-type: none"><li>Increasing early detection of heart &amp; lung diseases and cancer in adults</li></ul>
<b>Healthy Minds</b>	<ul style="list-style-type: none"><li>Improving access to primary &amp; neighbourhood level Mental Health services for adults.</li><li>Increasing access for children &amp; young people to Mental Health &amp; emotional wellbeing services.</li></ul>
<b>Healthy Ageing</b>	<ul style="list-style-type: none"><li>Enabling Leicester's residents to age comfortably and confidently - <i>proposed focus on reducing health inequalities through a person-centred programme of frailty prevention.</i></li></ul>

## ANNUAL REPORT PURPOSE

Requirement outlined in our terms of reference to ensure public accountability



## Progress against Health and Wellbeing Board's statutory duties

Health Care and Wellbeing Strategy Delivery Plan Updates

Case studies

Updates around the Better Care Fund

Updates from the subgroups of the Health and Wellbeing Board

Proposal for the next 12 months

# REPORT HIGHLIGHTS

## Joint Strategic Needs Assessments

- [Mental Health](#)
- [Living in Leicester](#)
- [Dementia](#)
- [Tobacco Use](#)
- [Healthy Weight](#)
- [Physical Activity](#)
- [Cardiovascular disease](#)
- [Adult social care](#)
- [Gambling](#)

## Stakeholder Engagement

- Community Wellbeing Champions
- Healthwatch
- Multi morbidity focus group

## Better Care Fund Spend

A range of core services supported such as the Integrated Crisis Response Service and Care navigators.

A portion of the fund was used to support smaller scale place-based services:

- Leicester Mammas
- Dear Albert
- The Centre project
- Eye Clinical Liaison Service

## Updates from our subgroups

- Integrated Systems of Care
- Joint Integrated Commissioning Board
- Learning Disability Partnership Board
- Mental Health Partnership Board
- Leicester Integrated Health and Care Group

## CURRENT PRIORITIES

- In the current period, the Health and Wellbeing Board is focused on four priorities:
  - Childhood immunisations
  - Hypertension - prevention and case finding
  - Mental health and wellbeing related to social inclusion and supportive networks
  - Healthy weight



# CURRENT DELIVERY PLAN HIGHLIGHTS

Priority	Goal/ Update
Childhood immunisations	<ul style="list-style-type: none"> <li>• Cervical Cancer Elimination Strategy in place, with sub section on HPV vaccine and goal is to achieve 90% uptake by 2040.</li> </ul>
Hypertension- Prevention and Case Finding	<ul style="list-style-type: none"> <li>• Advance pharmacy: Increase proportion of blood pressure service consultations that are ABPM to 10%. Currently reviewing in LLR ICB best place for oversight. Also monitoring NHS health checks uptake.</li> </ul>
Mental health and wellbeing related to social inclusion and supportive networks	<ul style="list-style-type: none"> <li>• Bringing People Together Programme e.g. Let's Get Together 33 organisations received warm spaces grants. Let's Get Digital: new module let's get from A to B.</li> <li>• Neighbourhood Mental Health Café's: Review</li> </ul>
Healthy weight	<ul style="list-style-type: none"> <li>• Aim to support 15 schools to start/re-engage in participation of the Daily Mile or alternative daily activity</li> <li>• Establishing local opportunity to improving healthy weight in pre, during and post-pregnancy-training being developed for midwives and pre/post-natal workforce.</li> </ul>



**QUESTIONS?**