

**Leicester City Health and Wellbeing Board
6 March 2024**

Subject:	Update from the Leicester Integrated Health and Care Group
Presented to the Health and Wellbeing Board by:	Georgia Humby, Integrated Board Lead Officer
Author:	Georgia Humby

EXECUTIVE SUMMARY:

The Leicester Integrated Health and Care Group has been established to support the Health and Wellbeing Board in providing leadership, direction, delivery and assurance in fulfilling its aim to 'Achieve better health, wellbeing and social care outcomes for Leicester's population and a better quality of care for children, young people and adults using health and social services'.

The Group meets monthly and has regular partner reporting frameworks to drive forward the work of the Board in supporting the implementation of Leicester's Joint Health and Wellbeing Strategy, as well as any other identified workstreams requested by the Board. The summary below provides an overview of the work from the last quarter to ensure a close partnership between the Group and the Board.

Discussions have continued around urgent and emergency care at UHL to ensure people are able to access to right care at the right place and the right time, and good practice and innovation across Leicester South PCN has been shared. The Group also discussed the readiness for the adult social care CQC assessment process.

Delivery Plan updates have been reported to the Group with discussions in the last quarter focussed on hypertension, healthy weight and mental health and wellbeing related to social inclusion and supportive networks – plans can be found below.

The Group have established a BCF subgroup with membership from across the system for planning and management. The subgroup will report into the Group and make recommendations to the Health & Wellbeing Board for allocating the Fund at Place level as per its responsibilities set out within the terms of reference.

A VCSE task and finish group has also been created to engage with organisations and strengthen community involvement in decision making.

Planning for integrated neighbourhood teams is underway and a workshop will take place across the system to develop discussions for the City.

The lead officer will continue to provide strategic oversight on projects and actions aligned to the Groups work and liaise with the Health and Wellbeing Board programme manager to ensure the Board receives regular updates and action any necessary workstreams.

Delivery Plan updates:

Date 17 12 2024

Title of workstream: Hypertension prevention and case finding

Objective: *To increase detection of hypertension in Leicester through primary and secondary preventative measures and optimisation of treatment.*

- Meds op design group
- City Place monthly meetings
- Long terms conditions partnership board

Reporting Project	Project KPIs and Targets	Update	Next steps	PLUS Groups - SMI - LD - Homelessness - Care experience young people	Risks and mitigations	RAG for period (please include an explanation for rating)
Advanced Pharmacy Meds op design group	<ul style="list-style-type: none"> • Increase proportion of blood pressure service consultations that are ABPM to 10% • Grow total annual blood pressure check service 	Currently reviewing in LLR ICB best place for oversight. Better understanding of data available to ICB now in place Additional system targets from NSE region in place and being exceeded.	East Midlands Primary Care Team work on low provision of ABPMs to report. Consider appropriate actions around low ABPM performers Appointment booking pilot to go live.	None	BP checks inappropriately targeted drives low quality perception of service. EMPCT quality work to mitigate. Low GP practice engagement in referrals – trial new approaches with new in post pharmacy / PCN engagement leads.	Amber Overall growth strong, ABPM struggling

	consultations by 15% from 2024 baseline.	Pilot of appointments booking platform for community pharmacy imminent. October data: 8136 (219% annual growth) BP checks in LLR in total – 297 (3.6%) ABPM.				
NHS Health Checks Meds op design group	<ul style="list-style-type: none"> • N screened • N diagnosed within 12 months of check date • N receiving health check as part of QRISK score >10% recorded 	<ul style="list-style-type: none"> • 24-25 Q1= 2802/24-25 Q2= 2670 • Not able to provide this data until April/May 2025 as we only get this 	Q1 & Q2 NHS Health Checks NHS Health Check delivery has remained consistent over the last 2 year period, uptake for those receiving an NHS Health Check currently sits at around 40-50% of overall eligible population. The last two quarters for 2024-25 are slightly down from last year, although still in line with anticipated figures/forecast in respect of budget allocation	This will be somewhat dependant on current eligible population cohort for NHS Health Check offer.	Ongoing difficulties with ensuring new NHS Health Check contracts are drawn up and sent out to GP practices, the intended completion date for the new contracts to be sent out and signed was initially set for 1st April 2025. However, this is becoming more of an emerging issue due to	Green-overall performance of NHS Health Check programme is performing strongly and line with anticipated target

		<p>data annually (although it will include 24/25 data for all 4 quarters).</p> <ul style="list-style-type: none"> • 24-25 Q1= 352/24-25 Q2= 224 	<p>for this service. In addition, current NHS Health Check uptake rate for Leicester is notably higher than the current national average figure which sits at around 28%.</p> <p>Revised and developed new Data Processing and Data Sharing Agreements for the provision of data we receive through SystemOne and via LHMIS. These have been developed to ensure better data quality is captured through the delivery of the HC programme. As a result, this will look to provide better intelligence and insight when looking to analyse NHS Health Check data, so that further service improvement and design can be implemented accordingly. In addition, allowing us to better monitor the impact and effectiveness the programme is able to provide for those individuals receiving their</p>		<p>PSR guidance and process with how the direct award process is awarded for these contracts. We are continuing to have regular and ongoing discussions with procurement colleagues to establish next steps and looking to get further steer on how to progress with these contracts.</p>	<p>figures for 2024/25.</p> <p>NHS Health Check - Data Fingertips Department of Health and Social Care</p>
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			check e.g. those being referred into lifestyle services and diagnosed/added to condition specific registers i.e. Hypertension.			
Support case finding and optimisation of Hypertension City Place monthly meetings Long terms conditions partnership board	<ul style="list-style-type: none"> • % of the expected number hypertension patients detected (80% by 2029) • % of patients optimised to NICE recommendations by 2025 	Task and finish group currently in development to address health inequalities in hypertension case-finding, comprising stakeholders from public health (including communities representation), PCNs, ICB, Community Pharmacy and UHL. Scope will be to identify a priority group (or	<ul style="list-style-type: none"> - Initial meeting of group to be arranged. - Data to identify appropriate communities/geographical areas to target intervention. - KPIs to be agreed. - Intervention options to be discussed and appropriate intervention to be agreed. 	TBC pending data insight to identify priority groups with whom to target intervention.	<p>Key notable risks:</p> <p>1. No designated resource attached to this work – intervention options have been developed to maximise on existing capacity/resources.</p> <p>2. Requires ‘buy in’ from all key stakeholders – lack of this from any single area could limit reach and effectiveness of project.</p> <ul style="list-style-type: none"> - Good T&F group representation 	Green – on track in terms of setting up T&F group. All other elements still TBC.

		<p>groups) experiencing greater hypertension-related health inequalities and deliver a targeted intervention to increase uptake of blood pressure screening.</p>			<p>across all required areas.</p> <p>3. Possible impact on NHS Health checks (less people attending as a result of additional BP testing interventions)</p> <ul style="list-style-type: none"> - Signposting to NHS HC to be embedded within intervention pathway. <p>4. Participation from target audience is essential.</p> <ul style="list-style-type: none"> - Engagement with target audience ahead of development of intervention to support co-design/co-production. - Stakeholders include CWC 	
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					<p>representation.</p> <p>Full risk log to be reviewed as a standing agenda item at T&F group.</p>	
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Case study/ qualitative examples of progress:

Project	Example

Point for escalation relating to any of the projects:

Bibliography of Projects

Project	Description
Advanced Pharmacy	Most pharmacies in Leicester are signed up to the NHSE hypertension case-finding programme. This involved blood pressure checks.
NHS Health Checks	The programme is a preventative check to assess overall health status for those aged 40-74 years and don't have a pre-existing medical condition, one of the key areas the NHS Health Check measures for is hypertension and risk of cardiovascular disease (QRISK score).
Support case finding and optimisation of Hypertension	<ul style="list-style-type: none"> i) Place based targeted work to support practices to identify pts , and link to neighbourhood plans (Community Health and Wellbeing plans) ii) a communication plans to support medication adherence (iii) using business intelligence analysis to understand the detection and optimisation gaps. iv) T&F group work to focus on reducing health inequalities in hypertension detection.

Date 21st January 2025

Title of workstream: Healthy weight

Objective: *To create a system that enables at least 40% of our adult population and at least 70% of the Year 6 population to live at a healthy weight by 2034.*

Governance arrangements:

Reporting Project (governance)	Project KPIs and Targets	Update	Next steps	PLUS Groups - SMI - LD - Homelessness - Care experience young people	Risks and mitigations	RAG for period
Pilot brief intervention training – Understanding barriers to healthy weight and raising the conversation of healthy living. Lead officer: Amy Hathway.	80 staff trained from a variety of workforces annually. Change in confidence, knowledge and awareness of assets/signposting locally pre and post training.	Officer within LNDS who is leading work is currently working notice period and will be in post in Feb 2025 when work will commence.	Ask colleagues to share information regarding existing training that could positively feed into the development of this package and ensure that relevant signposting routes are embedded.		Delays due to recruitment – mitigated through informing reporting avenues of delays.	Amber – recruitment delay

Reporting Project (governance)	Project KPIs and Targets	Update	Next steps	PLUS Groups - SMI - LD - Homelessness - Care experience young people	Risks and mitigations	RAG for period
<p>Establishing local opportunity to improving healthy weight in pre, during and post-pregnancy</p> <p>Lead reporting officer: Amy Hathway</p> <p>Lead operational officer: Annie Kennedy.</p>	<p>Number of midwives and pre/post-natal workforces trained in raising conversation of weight during pregnancy and change in confidence, knowledge and awareness post training</p> <p>Page views for healthy lifestyle sections of Health for Under 5s website</p> <p>8 Healthy Lifestyle Advisors within Live Well trained in Pre and Post Physical Activity course to support pregnant women accessing service.</p> <p>Explore opportunities for referrals of pregnant women with long term conditions to be made in to Live Well service.</p>	<p>This training is going to be developed by colleague who will commence employment in March 2025.</p> <p>Places on courses for Live Well advisors and 2 sports staff have been paid for. Completion dates for training to be confirmed with colleagues. Conversations regarding the referral of pregnant women with LTCs has commenced, including how to ensure that the classes are visibly accessible on the</p>	<p>Previous sessions delivered with midwives by Leicestershire County Council will be reviewed. Once officer is in post they will attend the Healthy Pregnancy, Birth and Babies group to garner support and ideas for how to promote the training and deliver it effectively with midwives and pre/during and post-natal workforces. Group to support identification of how to raise profile of importance of healthy weight within the agenda of maternity services and ensure that</p>		<p>Low engagement of workforces – identification of suitable colleagues to support uptake and prioritisation of course.</p>	<p>Amber – training development not commencing til March due to recruitment</p>

Reporting Project (governance)	Project KPIs and Targets	Update	Next steps	PLUS Groups - SMI - LD - Homelessness - Care experience young people	Risks and mitigations	RAG for period
	<p>Number of mums attending Live Well Walk More mums walks.</p> <p>Review leisure centre opportunities to promote themselves as breastfeeding friendly.</p> <p>Antenatal physical activity classes at Aylestone Leisure Centre (March 2024)</p>	<p>timetable. Links to midwifery/obstetrics for referrals will be explored.</p> <p>Live Well walks have paused for the winter. A plan for their delivery is being pulled together currently for the 2025 year, alongside how we can align with events and activities occurring to increase footfall. Each walk will be themed, and will be focused around families, not just mums.</p> <p>Work with leisure centres is commencing and a</p>	<p>midwives are released to attend the training sessions once delivered.</p> <p>Trainers to complete courses and conversations to occur with Service Manager regarding referrals into the service for pregnant women with LTCs.</p> <p>Live Well walks materials to be created and issued to colleagues to promote throughout their networks.</p>			

Reporting Project (governance)	Project KPIs and Targets	Update	Next steps	PLUS Groups - SMI - LD - Homelessness - Care experience young people	Risks and mitigations	RAG for period
		meeting is booked for January 2025 at Aylestone Leisure Centre to review what changes are required to make it breast feeding / infant feeding friendly.				
<p>Increase number of schools doing The Daily Mile</p> <p>To be monitored through the Childrens Healthy Weight working group (Chaired by Chirag Ruda)</p> <p>Lead reporting officer: Claire Mellon / Inspire Together</p>	Support 15 schools to start/re-engage in participation of the Daily Mile or alternative daily activity	<p>Initial meeting with Inspire Together who are school sports partnership and were key partner previously.</p> <p>Undertook baseline survey.</p> <p>Identified current schools taking part and those who previously</p>	<p>Inspire Together feedback on which schools they will approach and which Programme Officer in Public Health will approach.</p> <p>Set up Children's subgroup</p>	Aim is to be inclusive of majority children – can walk, run or wheel	Engagement of schools – mitigations multiple sides of approach and benefits.	Green

Reporting Project (governance)	Project KPIs and Targets	Update	Next steps	PLUS Groups - SMI - LD - Homelessness - Care experience young people	Risks and mitigations	RAG for period
Lead operational officer: Rhiannon Pritchard		participated.				
Social care (LD) focused work Social care working group. Lead officer: Amy Hathway (with appropriate reps from LNDS/LPT and Social Care)	Front line adult social care staff trained in raising conversation of weight change in confidence, knowledge and awareness post training. Easy read information issued to all providers. Contracts reviewed to embed healthy living more prominently	This training is going to be developed and delivered by colleague who will commence employment in March 2025. Easy read information is currently in draft format awaiting final approval (last	Pull together insight from training needs analysis with social care to inform training ahead of officer coming in to post. Once training is in development, support ASC colleagues to identify priority workforces and decide suitable ways to provide the	Easy read information and pack of resources created by colleagues in LPT will be for people with LD.	Delays due to officer not being in post – inform colleagues interested in training about this.	Amber – recruitment delay

Reporting Project (governance)	Project KPIs and Targets	Update	Next steps	PLUS Groups - SMI - LD - Homelessness - Care experience young people	Risks and mitigations	RAG for period
		<p>update received December 2024).</p> <p>Conversations regarding contracts occur within the social care working group. Colleagues have continued conversations outside of the working group. (See case study below).</p>	<p>training, ensuring language used is reflective of language used within social care.</p> <p>Support dissemination of easy read information to providers.</p> <p>Ensure that a contract review timeline is regularly discussed within the social care working group.</p>			

Case study/ qualitative examples of progress:

Project	Example						
Social Care (LD) focused work	<table border="1"> <tr> <td colspan="2" data-bbox="591 352 1460 432"> <p>Date: 28/11/2024 Covering period: June 2023 – November 2024 Author: Annette Forbes</p> </td> </tr> <tr> <td data-bbox="591 432 1025 667"> <p>Desired outcome of work: To ensure that contracted providers of Adult Social Care are delivering support in a way that supports a person to maintain or reach a healthy weight. Where it has been evidenced that this is not the case contractual Terms & conditions allow LCC CaAS to hold them to account</p> </td> <td data-bbox="1025 432 1460 667"> <p>Summary/overview of work: Without involvement with this workstream we would have limited contractual leverage to ensure people are having their needs met in relation to this area.</p> </td> </tr> <tr> <td data-bbox="591 667 1025 933"> <p>What has been achieved? New contracts have clauses / paragraphs detailing the approach that is required from providers. Where existing contracts are in place then the Quality Assurance Framework includes a quality statement and prompts for officers to check that people are having their outcomes met in this regard</p> </td> <td data-bbox="1025 667 1460 933"> <p>Key focus/next steps/activity To ensure that all contracts where the provision of food and drink is required from providers a relevant clause / paragraph is included in the contract documentation. For the monitoring of this work to be embedded in the Quality Monitoring process across all contracts and provider types</p> </td> </tr> </table>	<p>Date: 28/11/2024 Covering period: June 2023 – November 2024 Author: Annette Forbes</p>		<p>Desired outcome of work: To ensure that contracted providers of Adult Social Care are delivering support in a way that supports a person to maintain or reach a healthy weight. Where it has been evidenced that this is not the case contractual Terms & conditions allow LCC CaAS to hold them to account</p>	<p>Summary/overview of work: Without involvement with this workstream we would have limited contractual leverage to ensure people are having their needs met in relation to this area.</p>	<p>What has been achieved? New contracts have clauses / paragraphs detailing the approach that is required from providers. Where existing contracts are in place then the Quality Assurance Framework includes a quality statement and prompts for officers to check that people are having their outcomes met in this regard</p>	<p>Key focus/next steps/activity To ensure that all contracts where the provision of food and drink is required from providers a relevant clause / paragraph is included in the contract documentation. For the monitoring of this work to be embedded in the Quality Monitoring process across all contracts and provider types</p>
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Point for escalation relating to any of the projects:

- Once developed, support and advocate for attendance of pilot training for workforces working with pre, during and post pregnancy, social care and multi-agency training.

Bibliography of Projects

Project	Description
Pilot brief intervention training – Understanding barriers to healthy weight and raising the conversation of healthy living	Multi agency training will be offered on a quarterly basis for professionals working with any adults and families. This training will be open to a variety of workforces including teachers, VCS organisations, sports coaches, housing officers etc. This will build on the Healthy Conversation Skills offer and can be promoted through a variety of network. HWB Partners: Promote training to staff when contacted
Establishing local opportunity to improving healthy weight in pre, during and post-pregnancy	A Health Needs Assessment is due to be completed by January 2025 to inform the promotion of healthy lifestyles more effectively within pre, during and post pregnancy. This work spans across a variety of avenues but aims to explore how we can use our existing services more effectively to promote healthy weight. Opportunities within midwifery, health visiting and physical buildings are being explored to promote movement and positive nutrition choices pre, during and post-pregnancy, empower women to understand how to maintain a healthy weight, and ensure that workforces are confident in raising the conversation compassionately. HWB Partners: UHL: support midwifery staff to undertake training and undertake signposting included in that training: promote Health for Under 5s website information, refer to Live Well LPT/VCS/sports: Ensure signposting at contacts to support mothers: promote Health for Under 5s website information, refer to Live Well
Increase number of schools doing The Daily Mile	A recent survey (Nov 24, 52 responses) has shown us that now 14 schools are participating in the Daily Mile with a further 8 doing classroom/facilitated activity. HWB partners including public health nurses, sports clubs, VCS: promote the Daily Mile through contact with school senior leadership.
Social care (LD) focused work	A focus on how to improve health and wellbeing messages throughout social care including for working age people with LD. This includes reviewing procurement opportunities to embed healthy living into provider contracts, creating resources to inform practitioners and providing training. HWB partners: LPT/LCC Review contracts to support working age adults with LD for opportunities for good nutrition and physical activity.

Date 18 02 2025

Title of workstream: Mental health and wellbeing related to social inclusion, and supportive networks

Objective: *Improving the mental health of our local population by promoting and facilitating community-based offers that support inclusion, connectedness and wellbeing*

Governance arrangements:

- Leicestershire Partnership NHS Trust
- Early Intervention & Prevention Board (Adult Social Care, Leicester City Council)
- Community Public Health Steering Group
- Leading Better Lives Steering Group (LCC)
- Mental Health Partnership Board
- Leicester City Council – Public Health
- LLR Mental Health Collaborative

Reporting Project (governance)	Project KPIs and Targets	Update	Next steps	PLUS Groups - SMI - LD - Homelessness - Care experienced young people	Risks and mitigations	RAG for period
Neighbourhood Mental Health Cafés <i>LLR Mental Health Collaborative</i>	Case studies demonstrating impact. Quality review of individual cafes.	Monthly data and case studies collated. Reviews of individual cafes ongoing.	Complete review of cafes by November.	n/a	Risk that individual cafes do not embed – mitigated through support from neighbourhood leads in LPT.	

<p>Mental Health Wellbeing & Recovery Support Service</p> <p><i>Early Intervention & Prevention Board (Adult Social Care, Leicester City Council)</i></p>	<p>Undertake a quality review with a focus on impact of the service and how this offer fits within the wider mental health system.</p>	<p>Review ongoing in conjunction with County and Rutland.</p>	<p>Complete review of service.</p>	<p>n/a</p>	<p>Risk of non-collaboration with other services across the system Mitigation: monitoring and review asks for information on collaboration.</p>	
<p>Bringing People Together Programme</p> <p><i>Community Public Health Steering Group</i></p>	<p>Let's Get Together (LGT)</p> <ul style="list-style-type: none"> • Maintain regular walks from the community locations • Warm Welcome to take place in all community locations <p>Let's Get Digital</p> <ul style="list-style-type: none"> • Enrol 240 people per term on the course 	<ul style="list-style-type: none"> • Walks are well attended approx. 90 people a month attend • All libraries are offering Warm Welcome in 24/25 • 33 VCSE organisations have received grants to open their spaces to people as a warm welcome space and/or provide health related support and wellbeing 	<ul style="list-style-type: none"> • Working with walk providers to maximise reach and resources • Increase links with VCSE organisations 	<ul style="list-style-type: none"> • LGT activities are accessible, free and open to all. Possibility of targeted walks. • Increasing inclusivity by empowering organisations • Identifying and supporting people 	<p>LGT operates from community buildings, mainly libraries, if sites reduce hours/close this will have an impact on LGT and Warm Welcome programmes.</p> <p>Let's Get Digital is externally funded until March 2026</p>	

	<ul style="list-style-type: none"> Maintain 60% of successful attendees accessing follow on courses <p>Let's Get Growing (Contracted)</p> <ul style="list-style-type: none"> Increase number of community food growing plots at allotment sites Support educational settings to access food growing 	<ul style="list-style-type: none"> 327 people successfully completed the course (Apr '23- June '24) 60% of people continued digital learning after these sessions accessing another course An additional module 'Let's Get from A to B' is due to start shortly. People will have support with finding information, planning journeys, using google maps and booking tickets online <ul style="list-style-type: none"> Green Gym 	<p>to offer LGD at their sites</p> <ul style="list-style-type: none"> Encourage community groups to take up community plots Continue to support school-based initiatives 	<p>who are not digitally literate.</p> <ul style="list-style-type: none"> Increasing accessibility by working with VCSE providing courses in familiar locations Work with VCSE organisations to support more people from plus groups to access activities 	<p>after which time the programme is at risk unless an alternative source is found. Let's Get from A to B is funded separately</p>	
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		<p>moving from Rolleston Primary School to Eyres Monsell Community Centre (making it accessible for more people).</p> <ul style="list-style-type: none">• The Leicester and Rutland TCV project has been assisting Let's Get Growing by using Leicester community food growing sites to host corporate volunteering team days.• Besides entry level courses TCV have provided a number of intermediate level courses and workshops tailored towards				
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		<p>gardeners with existing experience, to allow community groups and individuals to develop their skills further in a supportive environment</p>				
<p>Leading Better Lives</p> <p><i>Leading Better Lives Steering Group (LCC)</i></p>	<p>Metrics to be developed in co-production as part of the project</p>	<p>Task groups have been established for each of the four projects</p>	<p>Establish parameters of individual projects.</p>	<p>Capacity issues which had an impact upon the progression of the project have eased and a way forward has been agreed.</p>		

<p>Prevention Concordat for Better Mental Health</p> <p><i>Mental Health Partnership Board</i></p>	<p>Partnership Board receives reports to address health inequalities</p> <p>Mental health in all policies, such as access to green space, transport, leisure, arts, and culture</p>					
<p>Joy app rollout</p> <p><i>LLR Mental Health Collaborative</i></p>	<p>Quality Review of the impact of Joy including data, case studies and partner testimonies.</p>	<p>Work ongoing with social prescribers to collate data, case studies and testimonies.</p>	<p>Kavita has added Joy to the agenda of Leicester City Learning Disability Partnership Board is on Monday 28th April. Easy Read poster</p> <p>Joy onboarding session with Andy Humpherson and public health team (9th January)</p> <p>Joy steering group meeting is 26th February. (Andy Humpherson in attendance)</p>	<p>n/a</p>		

<p>Mental Health Friendly Places</p> <p><i>Leicester City Council - Public Health</i></p>	<p>Case studies demonstrating impact</p> <p>Survey collating feedback from the Mental Health Friendly places to measure positive impact</p>	<p>41 organisations signed up in the city (29 for the city, and 12 covering city and county)</p> <p>296 people trained in MH first aid aware</p> <p>28 MH first aiders</p> <p>Survey from October 2024</p> <p>72% of people surveyed report an increase in confidence about having conversations about mental wellbeing, showing that Mental Health Friendly Places is encouraging meaningful conversations about mental wellbeing among staff and people supported by VSCE organisations.</p> <p>61% of services have found out about</p>	<p>Present outcome to a future Mental Health Partnership Board.</p> <p>Develop more Mental Health Friendly Clubs by working with the local Football Association</p> <p>Develop a business offer for Mental Health Friendly Places, to include bespoke training to fit with ways of working e.g. lunch and learn. Targeting support for small businesses, e.g. barbers, hairdressers</p> <p>Continue to offer bespoke training on men's mental health</p>	<p>n/a</p>	<p>Organisational capacity to enable training requires flexible offers</p>	
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		<p>additional support for people with mental health difficulties in local communities.</p> <p>All people who have had training from Mental Health Friendly Places have found it helpful. This suggests they had learned new information, increased confidence, stayed up to date with appropriate language, and received helpful tips and tools for discussing mental health</p> <p>Mental Health Friendly Places have also helped to shape the training based on the needs of their own organisation.</p> <p>5 Mental Health Friendly Clubs are trained across LLR (1 in Leicester).</p>				
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		Pilot ongoing with FA around 'Mental Health Friendly Clubs' to train committee members and welfare leads of 5 clubs.				
Getting Help in Neighbourhoods Projects <i>LLR Mental Health Collaborative</i>	Quarterly case study theming takes place to demonstrate the impacts and outcomes of the GHiN projects.	Quarterly reports and associated data are collected and collated. Review of individual GHiN organisations takes place in July / August, and actions identified from reviews are entered onto the GHiN scheme action log and regularly monitored, updated or closed.	The GHiN scheme is currently receiving and reviewing individual project briefs from the organisations taking part in the next round of grant wards, this is for the FY 25/26. Once all documents have been reviewed they will be sent to the ICB contracts team for draft contracts to be issued.	N/A	At present no risks identified.	

Case study/ qualitative examples of progress:

Project	Example
Mental Health Friendly Places	<p>Saffron Acres: “We have a small but dedicated staff team, who come from a variety of backgrounds and with different experiences. As a charity, it can sometimes be a little harder to find opportunities for funded training that is relevant to our job roles, and this is where the MHFP experience has really shined. Not only has the training enabled our team to gain uniform understandings so we are all on the same page, it has allowed us to become more confident when we are engaging people that visit us and access our services. It has been directly relevant in the mental health projects we run, but helps support all our other projects we engage people in.”</p>
Aunty Sue	<p> Aunty Sue Case Study.pdf</p>
Network Event Belgrave	<p> Case Study Network Event Belgr</p>

Point for escalation relating to any of the projects:

Bibliography of Projects

Project	Description
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Neighbourhood Mental Health Cafés	Drop-in sessions delivered by voluntary sector providers and located in areas with highest levels of mental health need where people can get mental health support and advice – no appointment needed.
Mental Health Wellbeing & Recovery Support Service	Preventative mental health service enabling people to improve and maintain their mental health & wellbeing, or recover from mental illness, through better use of community assets & resources.
Bringing People Together Programme	Free activity sessions at community centres and libraries encouraging people to learn new skills, get more active and get together with others. Projects include: <ul style="list-style-type: none"> • Let's Get Together (LGT) • Let's Get Growing (LGG) • Let's Get Digital (LGD) • Let's Get Walking LGW) • Let's Get Creative (LGC) • Warm Welcome
Leading Better Lives	Developing a coproduced council-wide approach to prevention and community wellbeing.
Prevention Concordat for Better Mental Health	Underpinned by a prevention-focused approach to improve mental health, which in turn contributes to a fairer and more equitable society.

Joy app rollout	Roll out of the Joy social prescribing app which promotes activities and support and allows people and professionals to make referrals
Mental Health Friendly Places	Encouraging local businesses & community organisations to take up training offer & accreditation to equip them with skills and knowledge to support people with mental health
Getting Help in Neighbourhoods Projects	Grant-funded projects allowing voluntary sector organisations to expand or enhance their existing offer in order to support mental health & wellbeing through activities and support.

RECOMMENDATIONS:

The Health and Wellbeing Board is requested to:

- Note the update
- Raise any issues or concerns as a result of this
- Highlight any work it wishes to be explored by Leicester Integrated Health & Care Group

