



Leicester, Leicestershire
and Rutland
Integrated Care Board

Leicester City Council HOSC

29th April 2025

Leicestershire Partnership Trust
CYP Mental Health Referral Update

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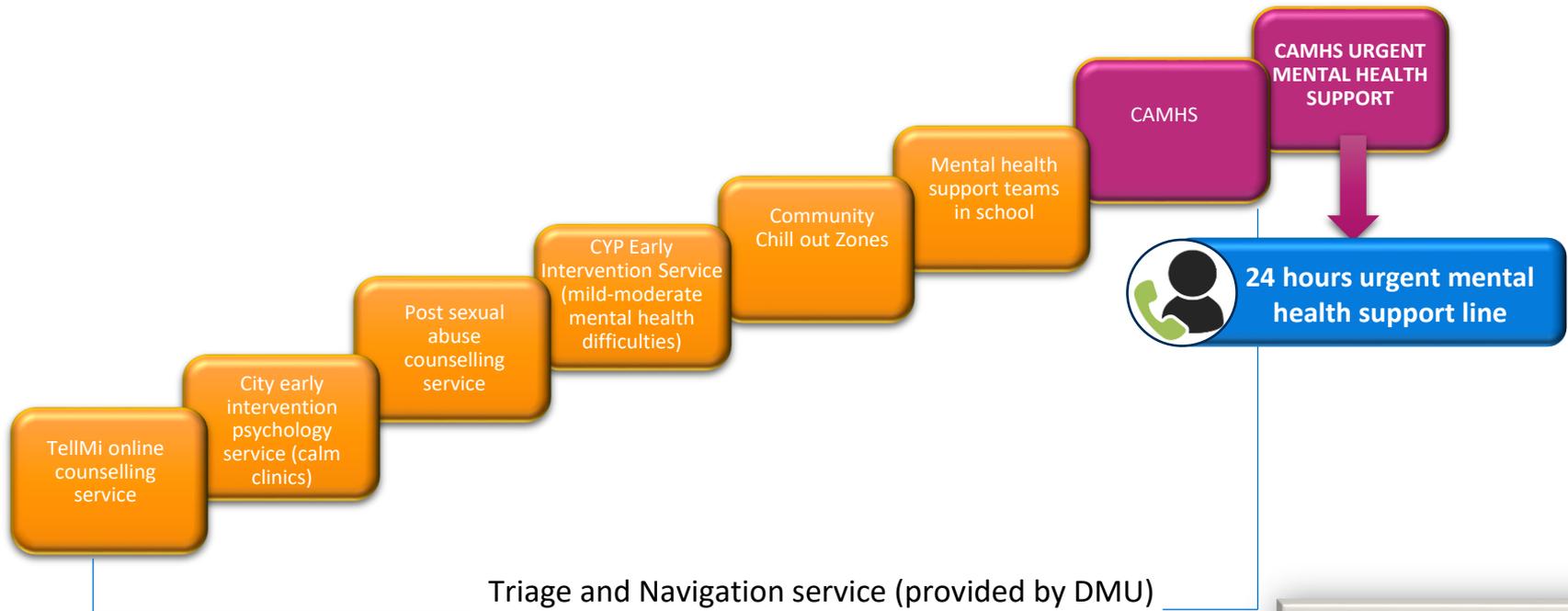


A proud partner in the:



Leicester, Leicestershire
and Rutland
Health and Wellbeing Partnership

LLR CYP Mental Health Services



Triage and Navigation service (provided by DMU)
<https://www.myselfreferral-llr.nhs.uk>



Services span partners across the ICS to provide the right support at the right time. A new directory captures all offers – coproduced with CYP, families, and partners.

Leicester, Leicestershire & Rutland
NEW DIRECTORY OF SERVICES CHILDREN & YOUNG PEOPLE'S MENTAL HEALTH & WELLBEING

SCAN QR CODE



Specialist Services & Latest Performance Data (March 2025)

CAMHS comprises of one large generic **Outpatient Team** (which includes Access, Duty, Treatment, Transitions, and Neurodevelopmental) and **7 Specialist Teams**: Crisis Resolution and Home Treatment, Crisis+, Intensive Community Support, Eating Disorders, Young People’s, Psychology, and Learning Disabilities.

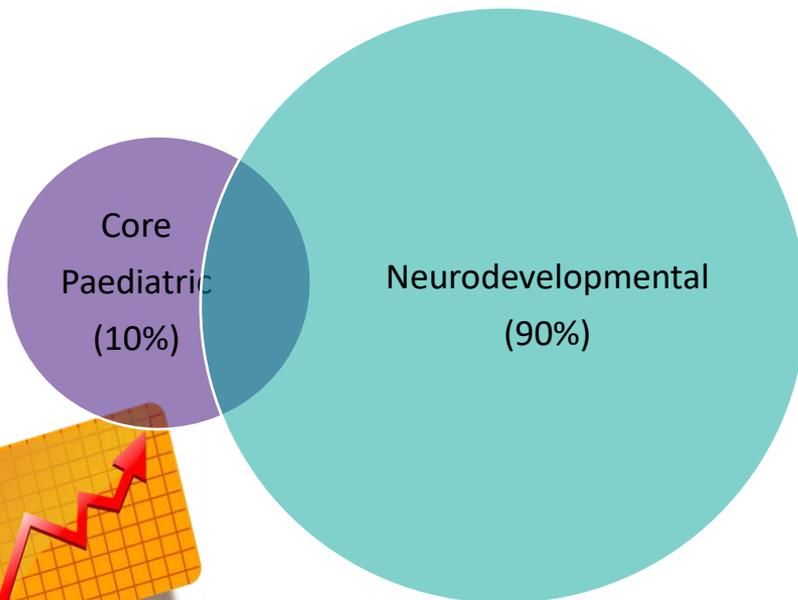
The specialist teams were established to provide targeted services to those CYP identified as being at higher risk, who are more vulnerable/less likely to engage in services, or for whom family stress/burnout is more likely. They are proportionately better resourced to improve access and reduce response time. **Resource is directed in a way to safeguard CYP who are at greater risk.**

KPI Delivery (March 2025)	KPI	Delivery	Average Wait	Longest Wait
CAMHS Access Team	4 Week Urgent	100%	2 weeks	4 weeks
	13 Week Routine	77%	10 weeks	15 weeks
CAMHS Crisis and Home Treatment Team	4 Hour Telephone	100%	42 mins	3hrs 48 mins
	24 Hour Face to Face	88%	13 hours	55 hours
	72 Hour Follow-Up	85%	64 hours	98 hours
CAMHS Eating Disorders Team	1 Week Urgent	50%	12 days	18 days
	4 Week Routine	50%	23 days	29 days

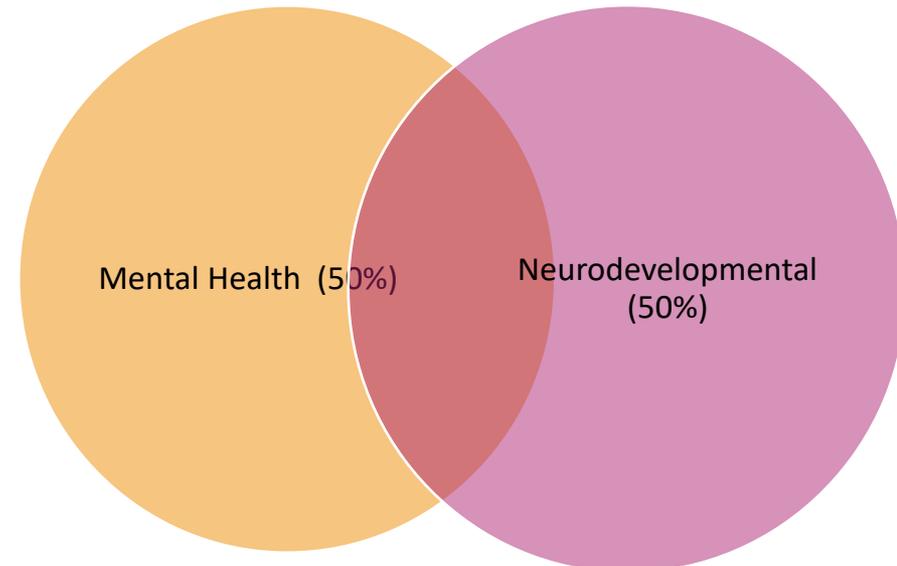
KPI performance explained: patient choice, preference, and availability; ability to contact patient; staff capacity; KPI may be misleading – 50% may mean 1 CYP out of 2.

Neurodevelopmental Assessment & Diagnosis

Primary School age (under 11):
Community Paediatrics



Secondary School age (11+):
CAMHS





Neurodevelopmental Waits

CAMHS:

- Significant increase in referrals to CAMHS has been driven by the increase for ND assessments - the referral rates for ND conditions (autism and ADHD) have increased by 89% since 2020 and now represent 50% of all referral into CAMHS.
- CAMHS receives approx. 51 referrals a month for ND assessments from the City - the Routine assessments are disproportionately for ND queries.
- There are 426 City CYP waiting for an ND assessment within CAMHS.
- The longest wait for a City CYP in CAMHS for ND is 176 weeks.

Community Paediatrics:

- ND conditions are not mental health conditions.
- Increase has also been seen in Community Paediatrics who receive approx. 125 referrals a month for ND assessments from the City (90% of all referrals into Community Paediatrics are ND).
- There are 2277 City CYP waiting for an ND assessment within Community Paediatrics.
- The longest wait for a City CYP in Community Paediatrics for ND is 184 weeks.

Partnership Success Stories

- Partnership between CAMHS and Leicester City Football Club (Leicester City in the Community)
- The Play On Programme aims to support CYP aged 10-17 that present with mild to moderate mental health concerns. Through 1-1 mentoring for up to 12 weeks, and enrichment opportunities, the Programme aims to enhance the wellbeing of CYP across **Leicester** and **Leicestershire**.
- The Programme is specifically designed to provide support to CYP who may not typically engage with CAMHS or NHS services for several reasons. These groups are:
 - Minoritised ethnic communities
 - Low socio-economic groups
 - Males
 - Young carers
 - Military families
- 26 CYP per cohort (4-6months).

Data collection from cohorts 1 and 2 showing demonstrable impact:

- Enhanced feelings of wellbeing in **87%** of participants.
- **90%** reported that Play On sessions make them feel happier.
- **90%** reported that they would take part in future LCitC opportunities.
- Average attendance at 1-1 mentoring sessions is **81%**.

https://m.youtube.com/watch?si=4ss4XAI2oQlwUM7&fbclid=IwZXh0bgNhZW0CMTAAAR0zewqiE3Vi4-4MLD83oLMnbDRb9FsVTII0Zs2awQL6HqTHrCMYTnNEKYw_aem_Qknb9cptqgBryAX5W-kQ1g&v=ZZo1BfJEuDk&feature=youtu.be&sfnsn=scwspmo

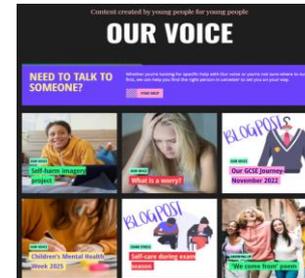


LEICESTER CITY
IN THE COMMUNITY

Partnership Success Stories



NEW: CAMHS social media account aimed at teenagers.



“OUR VOICE” on the Health for Teens website is a dedicated section hosting content created by young people for young people - empowering young people to share their thoughts and experiences.

Partnership with Leicestershire Police and Violence Reduction Network to produce a series of short videos on knife crime, to be shared across websites, social media platforms and in school assemblies



Collaboration with the University of Leicester's media course to create video content on social media awareness.

